New Beatson Cancer Centre set to open

THE new world-class West of Scotland Cancer Centre in Glasgow is set to launch a new era in cancer care for thousands of patients.

HAVE A LOOK INSIDE THE NEW BEATSON
SEE PAGES 5, 6, 7 AND 8.

Fast forward with pride

ALL SYSTEMS GO FOR BETTER HEALTH IN 2007

THIS year will see further major developments in NHS services in Greater Glasgow and Clyde.

These include a number of exciting projects:

● Major initiatives to improve child health and protection
● The unveiling of plans for a new South Glasgow Hospital and Children’s Hospital in Govan
● Ambitious health improvement developments delivered at local level

This will be a significant year as we progress the modernisation of NHS services both in acute hospitals and locally with powerful new local organisations.

And as we set out to meet the challenges that 2007 will bring, we remain committed to informing and involving patients and the public in general through Health News, our newly re-designed public focussed website, Our Health events and community engagement activity.

This edition of Health News sets out some of the key areas of activity for the year ahead - starting on page 4.
Professor Sir John Arthubnott, Chairman NHS Greater Glasgow and Clyde, reviews a host of activity in 2006

If anyone were to ask me to sum up the past year, I would have to say it's been one of great challenges and success.

Although this was a challenging year, it has not quelled the desire of staff to maintain the high standards of healthcare, and improve our services for patients. Thanks to them, we've met our financial and waiting times targets.

In April last year, NHS Greater Glasgow and Clyde was established via the incorporation of the 'Chief' area of the former NHS Argyll & Clyde within NHS Greater Glasgow, with Andy Kerr becoming part of NHS Highland. One of our main priorities has been to work towards ensuring as equitable services as possible across the new NHS Board area.

There is a significant challenge with services in Clyde. We inherited a recurring £30.5m deficit from the former NHS Argyll & Clyde.

We want to return to financial balance within three years and we have new plans in place to help address the deficit, with a number of other service reviews and changes during 2007.

The past year has also been an exciting one for all of us, with health services undergoing a radical transformation to meet the changing health needs of our population.

We are building new hospitals and redesigning the way we deliver patient services to provide modern health care in fit-for-purpose buildings. This will greatly improve the experiences of patients and staff working environments.

One of the key events last year was the completion of the brand new West of Scotland Cancer Centre at the Gartnavel Hospital site. This state-of-the-art £200.6m centre is the most advanced in Europe and its opening heralds a new era in cancer care in the West of Scotland.

The opening of the new Beatson Wing was also a key moment in the life of the new board. The achievement of these is the result of a long-term plan to build the most advanced specialist non-surgical cancer treatment centre in Europe and its opening heralds a new era in cancer care for patients in the region.

One of the most significant achievements of this year was the opening of the brand new Victoria Hospital in Glasgow, bringing an end to the old Victoria Hospital on Shaw Street.

The Daily Record, Evening Times, The Herald and The Scotsman all carried bold headlines marking the start of a positive new future at the two sites.

We have also seen the start of building work on the new Victoria and Stobhill Hospitals. Each costing £30 million to build, the new hospitals will open in 2009 and feature all new facilities.

In December this year, the Greenock Telegraph launched the headline ‘SAVED’ as NHS Greater Glasgow and Clyde announced that the fears that had been mounting in the wake of a recurring £30.5m deficit from the former NHS Argyll & Clyde within NHS Greater Glasgow and Clyde were unfounded.

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Some of the 800 staff have already started relocating to the new centre from across the city and I look forward to seeing the majority of them relocated to their new surroundings by April.

NEW FOR OLD... the Victoria Hospital is being rebuilt at a cost of £100m.

HEALTH Minister Andy Kerr cuts the first sod at the new Victoria Hospital.

The new £100m Stobhill Hospital will bring patients the best of health care.

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Shaping up in Clyde for 2007

Improving Services and Balancing Books are the Challenges Ahead

The NHS year will present major challenges to the NHS system in Clyde. The challenges include the need to achieve modern services and to get closer to balancing the books by developing a plan to address an underlying deficit of £35 million. The aim is to return to financial balance within three years. We have now identified plans to close or move more than half of the deficit and a number of other service reviews will be taken forward this year.

Germs… wash your hands of them!

THE most ambitious National Hand Hygiene Campaign ever seen in Scotland has just launched with the aim of changing the culture of hand washing across Scotland.

NHS Greater Glasgow and Clyde ran its own campaign last year encouraging everyone to wash their hands and to always be aware of the germs they may be carrying around. The national campaign will see many of these messages such as reminding hospital visitors to wash their hands before visiting family and friends in hospital. Many of the messages are also designed for staff as well.

The new national campaign has two parts. The first is a public media campaign has two parts.

NHS Greater Glasgow and Clyde is going smoke free by April 2007. We aim to return to financial balance within three years. We have now identified plans to close or move more than half of the deficit and a number of other service reviews will be taken forward this year.

Virtual all services are being reviewed to ensure that they are delivered as cost effectively as possible.

New-look website

The website has undergone a facelift and is now even better than before. It’s packed full of useful information for anyone using our services, including information on everything from hospitals and GP to new developments such as the new Beatson.

To access more information on this site, please visit www.nhsbeatson.org.uk.

SPOTLIGHT ON THE NEW BEATSON CANCER CENTRE

The most advanced cancer hospital in Europe is opening soon in Glasgow.

The new £105 million Beatson West of Scotland Cancer Centre heralds a new era in health care for the city and its surrounding area.

Nearly 800 staff have already started relocating from 12 sites at the Western Infirmary, Glasgow Royal Infirmary and Gartnavel General Hospital, and the majority of staff will be in place by April.
A new era in cancer care

A new era in cancer care will begin with the opening of the new Beatson

The new £105 million centre - the most advanced in Europe - will provide patients and cancer staff in the West of Scotland with the most advanced technology and care.

Officially known as the West of Scotland Cancer Centre, the commissioning (get ready) for the new building is just about complete, ready for the first patients.

Nearly 800 staff have already started relocating from 12 buildings on the Western, CRI and Gartnavel sites, with the whole process due to be completed by mid-February 2007.

The £128 million centre replaces existing facilities at the Western Infirmary, Glasgow Royal Infirmary and Gartnavel General Hospital.

Latest technology promises the highest level of treatment

This new centre will have state-of-the-art technology that has been installed throughout the new building.

This includes:

- Image guided radiotherapy (IGRT) equipment on these linear accelerators that can treat tumours with more accuracy and safety than ever before
- The very first PET CT scanner in the West of Scotland - the machine is a combined CT scanner (which shows structure, such as the organs, tumours and where they are) and a PET scanner (which shows where, in the body, infectious radioactive chemicals are concentrated). The PET-CT scanner allows the joining of these two activities to be matched to allow better diagnosis. It will be available for use by August this year and add another dimension to the high level of detection that has already been achieved with the latest PET technology. The scanner has been installed at Beatson West End, a new Beatson site.
- A new era in cancer care - The new £105 million centre - the most advanced in Europe - will provide patients and cancer staff in the West of Scotland with the most advanced technology and care.

The new centre is also home to a bone marrow transplant ward (serving the region for all patients and initially, for voluntary unrelated donor transplants) and the North Glasgow haematology oncology (blood cancers) ward, a pharmacy, which has been set up to deliver gene therapy in the future, and an outpatient area with state-of-the-art scanning equipment.

There is also a clinical trial and research unit, which has been much enhanced from the current unit to enable cancer specialists to continue and expand on the range of clinical trials for new treatments. Of the 850 patients who attend the Beatson, around 8% are asked to take part in these trials.

Beattion Medical Director, Professor Alan Rodger, said: “The new Beatson will ensure that patients receive the highest standard of care within the new Beatson.

The most modern of equipment will ensure that patients receive the highest standard of care at the new Beatson.

PATIENTS will stay in either single, twin or four-bed, en-suite bedrooms and there are six overnight stay rooms with en-suite facilities for relatives.

A cafe - staffed in-house - has been created at the main reception for use by patients, visitors and staff and will offer a range of beverages and food. It is next door to a special patient and family information centre, which has access to a large viewing lounge close to the centre’s sanctuary, a multi-faith room for quiet reflection.

Other facilities for patients include the new £100,000 Friends of the Beatson complementary therapy centre, providing a relaxing therapeutic environment with complimentary general services. The centre includes chill out space, art room, music room, aromatherapy, massage rooms, a 12-seater cinema, a sound and light room, a hairdressing, barber and a 1657 coffee area.

The new Teen Cancer Unit - funded by the Teenage Cancer Trust - has also been created within the centre. There is internet access, Plasma TV with satellite access, DVD players, and state-of-the-art sound systems. The new unit will also have a chill out zone packed with the latest board games and a fully fitted kitchen so the teenagers can make their own snacks or hot drinks.

There are also a number of therapy rooms available in the centre, which will house Occupational Therapy, Dietetics, Physiotherapy and other therapy staff.

The entire building is fully air conditioned to keep the internal temperatures even to ensure a relaxing atmosphere for patients and a good working environment for staff. Patients also have their own gardens and access to outside space via balconies. The patient garden courtyard has been generously funded by the Travis Homes of Glasgow.

Patients enjoy comfort, service and care

FACTFILE

- The new Beatson covers a four-storey area of approximately 22,000 square metres (which is around 4% more space than current facilities), the size of the new building is equivalent to three average-sized football pitches at Ibrox.

- There are eight floors with en-suite facilities for patients undergoing brachytherapy treatment.

- Around 860 staff will be relocating from 12 buildings on three sites (the old Beatson at the Western, the Royal Infirmary and Gartnavel General) to work in the new Beatson

- Beatson’s West End site has around 270 numbers has been agreed with the new Beatson, with around 100 line phones lines being retrofitted initially

- New equipment for brain radiotherapy physics specialists (individuals who plan radiotherapy) and therapy radiographers (individuals who deliver radiotherapy) mean that we had to compete against other major cancer centres throughout the world to attract these highly sought-after staff.

- Also, more locally, we needed not only to recruit, but retain staff and Scottish graduates.

- Clear guidance has been given to ensure cancer staff in the West of Scotland with the most advanced technology and care.

- Enzyme modifying drug (EMD) for the treatment of (initially) prostate and (soon) head and neck cancers - this state-of-the-art technology has been installed throughout the new building.

- Three special radiation treatment machines (called linear accelerators) have already been installed in the revamped radiology department in Gartnavel General (which shows structure, such as the organs, tumours and where they are) and a PET scanner (which shows where, in the body, infectious radioactive chemicals are concentrated). The PET-CT scanner allows the joining of these two activities to be matched to allow better diagnosis. It will be available for use by August this year and add another dimension to the high level of detection.

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Upgrade for Tom Wheldon facility

IT’S not just the new building that’s getting all the state-of-the-art equipment.

Last year, the Tom Wheldon building (phase 1 of the new Beatson) saw the upgrading of the five existing treatment machines.

One of these machines has been upgraded to provide image-guided radiotherapy (IGRT), which allows radiographers to take an X-ray or CT image of the affected area before using the same machine to provide treatment.

There are very few such facilities in the UK and the Beatson’s IGRT facility, which costs almost £300,000, is one which will be used for treatment and research.

A second machine, which features stereotactic radiotherapy, will treat patients in the very near future. A first in the West of Scotland, the new equipment will treat brain cancers, brain abnormalities and benign brain conditions. If treated at one single day with a day off before, treatment is delivered in six fractions.

The machine has been specifically designed to cut down on the amount of healthy tissue – in this case the brain – which is affected by the treatment.

The entrance to the new Beatson is also being enhanced to improve Macmillan funding to provide an improved reception area.

NHS Greater Glasgow and Clyde

The DIRECTORY

Sexual Health

The new Beatson Centre for Sexual Health has opened at the Wheldon facility, a specialist centre for people with sexual health issues.

The centre provides confidential, non-judgmental advice and treatment for people with sexual health issues.

Services include:

- Information on sexual health
- Advice on contraceptives
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Helping kids get the message in a bottle

Adolescent mental health ward approved

NHS Greater Glasgow and Clyde

Clyde’s commitment to improving services for those with mental health problems continues this year.

Plans for a new purpose-built inpatient facility for young people with mental health problems have been approved by the West of Scotland Health Board. The new 24-bed facility will be known as Sky House. It will provide services for young people from across the West of Scotland who are currently being treated at Strathclyde Hospital’s Stobhill Site.

The Challenge youth development programme has been specifically designed to provide purpose-built in need of young people.

Treatment will continue to be provided at Sky House for young people aged between 12 to 17 years old suffering from conditions such as severe depression, eating disorders and obsessive compulsive disorders.

The development will comprise four inpatient wards in total: ward accommodation, treatment spaces and a purpose-built space for the physical education programme.

“Building work is due to start in the new year and the ward is expected to be completed by summer 2008. The ward is part of a range of new services being developed at Stobhill Hospital Site.”

Addressing inequalities in health

NHS Greater Glasgow and Clyde (NHSGGC) has introduced a new study aimed at increasing equality and promoting balance in the health service across Greater Glasgow and Clyde.

The Department of Health and Social Security (DHSS) and Tourism Scotland phối, State Protection and Education Office, David Kelly gets the message across during his visit to Blairtumnock Primary.

The programme is being rolled out in the Greatfeast area so that pupils, including those at Blairtumnock Primary School, can take part in the project, which has been running for 15 years in Greater Glasgow and Clyde.

Primary 6 and 7 and First Year Strathclyde Police.

“[Easterhouse Alcohol Awareness Project] is supported by both the Manchester and Clyde尼克 Crow. The programme has been running for 14 years and will continue working with secondary schools in the area.

The programme is aimed at enabling pupils to understand the impact of alcohol on themselves and others, and the difficulties that can arise when dealing with alcohol problems.

The project also aims to provide young people with the skills and knowledge to make informed decisions about alcohol use.

In the wider context of the Greatfeast area, the programme is being rolled out to other schools in the area, including those in Easterhouse and the wider Clyde area, with a focus on promoting positive attitudes towards health and social well-being.

Setting the example

The programme is run by a team of specialists who work closely with schools and other organisations to ensure that the message is delivered effectively.

The programme’s success is based on the belief that by working with young people, we can help to create a culture that values health and social well-being.

This year, NHSGGC’s Greater Glasgow and Clyde Prevention and Education Officers will continue working with councils, the police and other organisations to deliver programmes and initiatives to promote healthy lifestyles and prevent problems related to alcohol and drug use.

The role of the project is to educate young people about the dangers of drinking alcohol and to help them to make informed decisions about their alcohol consumption.

The project is funded by the Scottish Government and is delivered in partnership with local authorities and other organisations.

The programme aims to help young people to understand the impact of alcohol on themselves and others, and to develop the skills and knowledge to make informed decisions about alcohol use.

Fostering and adoption bring wonderful rewards

NHS Greater Glasgow and Clyde

High numbers of children are suffering from conditions such as severe depression, eating disorders and obsessive compulsive disorders.

One of the other tasks of the new set-up will be to ensure that the career fair on wheels is an annual event, and that it is the Hot Jobs - Daily Record’s Hot Jobs Week. This will also have the opportunity to find more people of Scotland.

He said: “It is Recruitment’s role to be the interface that gets people coming to the organisation. If managers are trying to encourage people into their teams, they want those people to have a good experience and they want to see the benefits that come along with being part of the team. We give them and, hopefully, in the advice and information we give them and, hopefully, we will put them to good use.”

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FUTURE FOCUS ON LOCAL SERVICES PROMISES BENEFITS FOR ALL SECTIONS OF THE COMMUNITY

THIS year, a far greater focus is being placed on local health services to make it easier for you to get the care and support you need in your local area.

In the past, too much emphasis has been placed on the centralisation of specialist hospital-based services despite the fact that the vast majority of health care is delivered at a local level.

This new focus on improving local health care will help redress the balance by shifting services and resources into local communities so that even more of your care can be delivered closer to home.

More resources are being made available for local health improvement and health education services. This will help reduce the number of people who go on to develop major health problems and prevent existing health problems from getting worse.

We recognise that health isn't just about the NHS, as many other factors such as housing, education, employment and access to leisure facilities also have a major impact on an individual's health and wellbeing. With this in mind, we are continuing to work very closely with local councils, employment agencies and even organisations like Scottish Women’s Football to take forward health improvement plans at a local level.

Our key priorities include providing greater support and advice to families and parents, improving children’s dental health and developing services for people with chronic disease.

Much of this is being taken forward by the new Community Health Partnerships (CHPs) that are responsible for delivering local health services and, in the case of Community Health and Care Partnerships (CHCPs), also local social care services.

Supporting parents

MANY parents have already benefited from a wide range of initiatives designed to offer practical help and support. These include the Parents and Children Together Team (PACT) and the Triple P parenting programme.

Work is now underway to develop and expand these initiatives across Greater Glasgow and Clyde so that more families can access support in their local area.

Research shows that focussing on health early on not only gives children a better start in life but also improves their future mental health, employment prospects and reduces their likelihood of developing addictions.

In the long-term, the aim is to see attendance at parenting classes becoming the norm for anyone raising a family and as routine as attendance at ante-natal classes.

Tackling chronic disease in over 45s

PREVENTION 2010/Keep Well, a major new health-screening project that looks at the health of those aged 45 to 64 years, will be rolled out at a number of general practices over the next few months.

The project, which focuses on cardiovascular disease, blood pressure and diabetes, will invite individuals in the target age group to attend GP practices for a health check. Individuals will then have access to a range of other services supporting lifestyle changes including exercise and weight management, smoking cessation, stress centres, literacy and employability.

Practices in North and East Glasgow are already inviting patients to attend while GP practices in other parts of NHSGGC will come on board later in the year. The project also aims to identify where barriers exist that may prevent the target age group from going to their GP.

Supporting carers in the home

WE recognise the vital role that carers play at a local level in maintaining the health and wellbeing of thousands of patients in their own homes. We will therefore continue to support a variety of carers initiatives run by local councils and other organisations over the coming year.

That includes a brand new drop-in service for carers of people with dementia living in the Clydebank area at the West Dunbartonshire Carers’ Centre.

This gives carers the chance to share information and speak to a range of health and social work professionals, as well as staff from Alzheimer Scotland and the Carers’ Centre, about any issues they have regarding their caring situation.

For further information on local services and support for carers visit: www.nhsggc.org.uk/carers

OUR PARTNERS

NHS Greater Glasgow and Clyde works with a number of partner local authorities, charities and other organisations such as Strathclyde Police and NHS 24. Our main partners are: