Changes to Rehabilitation Services in North East Glasgow
Proposal

- Reshape inpatient rehabilitation services in the North East of Glasgow;
- Develop services in the hospital and community to enable discharge home or directly from acute hospital care to local facilities;
- Modernise day hospital care for older people;
- Provide outpatient services as locally as possible
Current Pattern of Services: Inpatients and Day Cases

• Most elderly (>75) patients assessed at GRI are discharged home after a period of acute multidisciplinary care and do not need a longer period of rehabilitation.
• Elderly patients attend the GRI from across Glasgow NE and East Dunbartonshire
• Inpatient elderly rehabilitation is at Lightburn and Stobhill Hospitals covering whole area
• Rehabilitation for orthopaedics at Gartnavel
• Rehabilitation for stroke at Stobhill
• Day Hospital at Lightburn
Current Pattern of Services:
Outpatients

Consultant led
• Tuesday AM Weekly - Falls
• Wednesday AM weekly - General Geriatric Medicine
• Alternate Thursdays PM - Stroke
• Thursday PM weekly – Movement Disorder

Nurse led:
• Monday AM weekly – Movement Disorder
Summary of Lightburn Activity 2015-16

The table below summarises the activity at Lightburn in the year 2015-16

<table>
<thead>
<tr>
<th>Lightburn Hospital Activity Data 2016-16</th>
</tr>
</thead>
<tbody>
<tr>
<td>Inpatient Episodes</td>
</tr>
<tr>
<td>Day Hospital Attendances</td>
</tr>
<tr>
<td>Falls OP</td>
</tr>
<tr>
<td>General Geriatric OP</td>
</tr>
<tr>
<td>Movement Disorder OP</td>
</tr>
</tbody>
</table>
Strategic Direction

Local and National Clinical Services Strategy set out future models of care for Older People’s Services to ensure an individual’s stay in hospital is for the period of acute care only. This future model includes:

- Early intervention from specialists in the care of older people focussed on multi-disciplinary assessment of frailty

- Rapid commencement of multi-disciplinary rehabilitation within facilities that enable fast access to the full range of investigations and specialist advice

- Support for people to return to their community as soon as possible
Why did we develop this proposal?

- Focus inpatient acute care on sites with full acute facilities and medical cover;
- Reduce acute hospital stays
- Develop community beds and rehabilitation teams
- More medicalised day hospitals: one stop and less attendances

The changes would allow a more intense, shorter acute hospital rehabilitation with comprehensive support and facilities allowing a quicker return to home or more homely setting in the community with further rehabilitation where required

- Require us to reprovide outpatient and Parkinson's services in accessible facilities
GRI Pathway
For frail elderly patients

Emergency Receiving Complex (24 hours)

- Discharge Home
- Discharge Home with Care package
- Discharge Home with Community Rehab
- Intermediate Care Step Up
  - Greenfield Park
- Intermediate Care Step Down
  - Greenfield Park
  - Northgate House
  - Ashton Grange
  - Oakbridge
  - Quayside
  - Westerton

Assessment Team

GRI Department of Medicine for the Elderly Acute Assessment Wards

Other Specialty Assessment Wards
GRI Pathway
For frail elderly patients

GRI Department of Medicine for the Elderly
Acute Assessment Wards

- Discharge Home
- Discharge Home with Care package
- Discharge Home with Community Rehab

Intermediate Palliative/Complex Care
- Intermediate Care Step Down
  - Greenfield Park
  - Northgate House
  - Ashton Grange
  - Oakbridge
  - Quayside
  - Westerton

Adults With incapacity
- Darnley
- Quayside

Stobhill Focussed Inpatient Rehabilitation Wards

Rehabilitation Team
Stobhill Pathway
For rehabilitation of frail elderly patients

Stobhill Focussed Inpatient Rehabilitation Wards

Discharge Home
Discharge Home with Care package
Discharge Home with Community Rehab
Intermediate Care Step Down
Greenfield Park
Northgate House
Ashton Grange
Oakbridge
Quayside
Westerton

Adults With incapacity
Darnley
Quayside

Intermediate Palliative/Complex Care
Greenfield Park
Fourhills

Rehabilitation Team
Considering the Options: Inpatient Beds

- **Status quo:** beds at GRI, Lightburn, Stobhill with stroke and orthopaedic rehabilitation at Stobhill and GGH respectively.
- **Our proposal:** acute beds at GRI, Stobhill with stroke and orthopaedic rehabilitation at Stobhill and GGH respectively. Community beds at Greenfield Park
- **Lightburn community beds:** Community Beds at Lightburn: acute beds at GRI, Stobhill with stroke and orthopaedic rehabilitation at Stobhill and GGH respectively. Community beds at
- **No local beds:** beds at GRI and Stobhill with stroke and orthopaedic rehabilitation at Stobhill and GGH respectively.
- **Any other options?**
Considering the Options: Day Hospital

- **Status quo:** day hospital at Lightburn.
- **Our proposal:** day hospital at Stobhill
- **Any other options?**
Considering the Options: General Outpatients

• Status quo: outpatients at Lightburn
• Outpatients at GRI
• Outpatients in community facility
• Outpatients at Stobhill
• Any other options?
Considering the Options: Parkinson’s Services

• Status quo: service at Lightburn
• Service at GRI
• Service in community facility
• Service at Stobhill
• Any other options?
Proposed Assessment Criteria

- Access for patients and visitors
- Modern Acute Clinical Care
- Quality of Facilities
- Strategic Direction;
- Any other criteria?
<table>
<thead>
<tr>
<th>Service Options</th>
<th>Modern Acute Clinical Care</th>
<th>Access</th>
<th>Quality of Facilities</th>
<th>Strategic Direction</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td>Patients</td>
<td>Visitors</td>
<td></td>
</tr>
<tr>
<td>Inpatients</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>• Status quo</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>• Our proposal</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>• Community beds at Lightburn</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>• No local beds</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Service Options</td>
<td>Modern Acute Clinical Care</td>
<td>Access</td>
<td>Quality of Facilities</td>
<td>Strategic Direction</td>
</tr>
<tr>
<td>---------------------</td>
<td>-----------------------------</td>
<td>--------</td>
<td>-----------------------</td>
<td>---------------------</td>
</tr>
<tr>
<td></td>
<td>Patients</td>
<td>Visitors</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Day Hospital Services</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>• Status quo</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Stobhill</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Service Options</td>
<td>Modern Acute Clinical Care</td>
<td>Access</td>
<td>Quality of Facilities</td>
<td>Strategic Direction</td>
</tr>
<tr>
<td>-------------------------</td>
<td>----------------------------</td>
<td>--------</td>
<td>-----------------------</td>
<td>---------------------</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td>Patients</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td>Visitors</td>
</tr>
<tr>
<td>Outpatient Services:</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>• Status quo</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>• Outpatients at GRI</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>• Outpatients in a community facility</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>• Outpatients at Stobhill</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Service Options</td>
<td>Modern Acute Clinical Care</td>
<td>Access</td>
<td>Quality of Facilities</td>
<td>Strategic Direction</td>
</tr>
<tr>
<td>-----------------</td>
<td>-----------------------------</td>
<td>--------</td>
<td>-----------------------</td>
<td>---------------------</td>
</tr>
<tr>
<td>Parkinson’s Services</td>
<td>Patients</td>
<td>Visitors</td>
<td></td>
<td></td>
</tr>
<tr>
<td>• Status quo</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>• Services at GRI</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>• Services in Community Facility</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>• Services at Stobhill</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
Parkinson’s Group

Hospital provides facilities for the local Parkinson’s Group. Aim to discuss options with the Group.

HSCP suggestions:-

- Kelvin college – campuses at Easterhouse and Haghill
- The Bridge – community venue and library – Easterhouse
- Parkhead Library
- Centre for Population Health – Bridgeton
- Parkhead SW office
- Templeton HSCP building
Current process and next steps

- Engaging and informing
- Supported by a Stakeholder Reference Group
- Shaping the proposal listening to views and concerns
- Reporting back to December Board