Infection Prevention and Control Care Checklist - Influenza

This care checklist should be used with patients who are suspected of or are known to have influenza, while the patient is considered infectious and then signed off at end of the isolation period / discharge. Each criteria should be ticked √ if in place or X if not, the checklist should be then initialled after completion, daily.

**Date Isolation commenced: **

**Date Isolation ceased/ Terminal Clean Requested: **

**Care Checklist completed and signed off by: **

### Patient Placement/ Assessment of Risk

<table>
<thead>
<tr>
<th>Patient Placement/ Assessment of Risk</th>
<th>Daily check (v/x)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Patient isolated in a single room with en suite facilities / own commode. If a single room is not available, an IPCT risk assessment is completed daily. Stop isolation when patient is asymptomatic / back to normal respiratory function for at least 24 hours OR patient has completed a course of antiviral medication. (If patient is ventilated, seek advice from a consultant microbiologist)</td>
<td></td>
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<tr>
<td>Place yellow isolation sign on the door to the isolation room</td>
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<tr>
<td>Door to isolation room is closed when not in use. If for any reason this is not appropriate then an IPCT risk assessment is completed. (Back page)</td>
<td></td>
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</tbody>
</table>

### Hand Hygiene (HH)

- All staff must use correct 6 step technique for hand washing at 5 key moments.
- HH facilities are offered to patient after using the toilet or during coughing/sneezing episodes and prior to mealtimes etc. (clinical wash hand basin/ wipes where applicable)

### Personal Protective Clothing (PPE)

- Disposable gloves and yellow apron are worn for all direct contact with the patient and their equipment/environment, removed before leaving the isolation area and discarded as clinical waste. **HH must follow removal of PPE.**
- Staff are wearing face protection i.e goggles/mask where there is a risk of body fluid splashing onto the face or when within 1m of patient.
- Staff are wearing appropriately fitting FFP3 masks during Aerosol Generating Procedures (AGPs). (See Table 1 below for list of AGPs)
- Visitors participating in patient care should be offered appropriate PPE.

### Safe Management of Care Equipment

- Single-use items are used where possible or equipment is dedicated to patient while in isolation.
- There are no non-essential items in room. (eg. Excessive patient belongings)
- Twice daily decontamination of the patient equipment by HCW is in place using 1,000 ppm solution of Actichlor Plus (or equivalent)

### Safe Management of Care Environment

- Twice daily clean of isolation room is completed by Domestic services, using of a solution of 1,000 ppm Actichlor Plus (or equivalent). A terminal clean will be arranged on day of discharge/ end of isolation.

### Laundry and Clinical/Healthcare waste

- All laundry is placed in a water soluble bag, then into a clear plastic bag (brown bag in mental health areas), then into a laundry bag.
- Clean linen must not be stored in the isolation room.
- All waste should be disposed of in the isolation room as clinical/ Healthcare waste

### Information for patients and their carers

- The patient has been given information on their infection/ isolation and provided with a patient information leaflet (PIL) if available.
- If taking soiled clothing home, carers have been issued with a Washing Clothes at Home PIL. (NB. Personal laundry is placed into a water soluble bag and then into a patient clothing bag before being given to carer to take home)

**HCW Daily Initial: **

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**Table 1**

List of AGPs:

- Intubation, extubation and related procedures eg. Manual Ventilation
- Cardiopulmonary resuscitation
- Bronchoscopy
- Surgery and post mortem procedures in which high speed devices are used to open respiratory tract
- Dental procedures
- Non invasive ventilation (NIV) eg. Bi-level positive airway pressure ventilation (BIPAP), continuous positive airway pressure ventilation (CPAP)
- Hi frequency oscillatory ventilation
- Induction of sputum

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**IPCT Document Control**

<table>
<thead>
<tr>
<th>Date of issue</th>
<th>Feb 2017</th>
</tr>
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<tbody>
<tr>
<td>Date of review</td>
<td>Feb 2019</td>
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</tbody>
</table>
### Appendix 1: Infection Prevention and Control Risk Assessment
(for patients with known or suspected infection that cannot be isolated)

**Daily Assessment / Review Required**

<table>
<thead>
<tr>
<th>COMMENTS</th>
<th>DATE</th>
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- **Daily Assessment Performed by**
  
  *Initials*

- **Known or suspected Infection**
  
  *e.g. unexplained loose stools, MRSA, Group A Strep, C. difficile, Influenza, pulmonary tuberculosis.*

  *Please state*

- **Infection Control Risk**
  
  *e.g. unable to isolate, unable to close door of isolation room.*

  *Please state*

- **Reason unable to isolate / close door to isolation room**
  
  *e.g. falls risk, observation required, clinical condition.*

  *Please state*

- **Additional Precautions put in place to reduce risk of transmission**
  
  *e.g. nursed next to a clinical wash hand basin, at end of ward, trolley containing appropriate PPE at end of bed, next to low risk patient, clinical waste bin placed next to bed space.*

  *Please state*

- **Infection Prevention and Control have been informed of patient’s admission and are aware of inability to adhere to IPC Policy?**
  
  *Yes / No*

**Summary Detail of Resolution**
Daily risk assessments are no longer required

Signed

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Date

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