Positively Podiatry
Protecting Limbs Prolonging Lives
**Structure**

- muscles, tendons and joints (sometimes called musculo-skeletal problems - MSK for short)
- painful walking and running
- structural problems
- foot pain
- arthritis
- sports injuries
- pressure areas

**POSITIVE IMPACT:**

- advice
- strengthening exercises
- insoles and orthoses
- injections
- pressure reduction
- improved function
- increased activity and mobility
Protecting Limbs Prolonging Lives

**Protection**

- ulcers
- foot wounds and blistering
- vascular problems
- diabetic foot ulceration

**POSITIVE IMPACT:**

- rapid treatment
- medication
- advice and support
- local treatment centres
- reduce risk of amputation

**Surgery**

- painful toenails
- painful corns
- local anaesthetic

**POSITIVE IMPACT:**

- pain free removal
- improved comfort
- local treatment centres
- no hospital admission

Remaining Active Keeping Mobile
New patients can self-refer to the Podiatry Service
Contact the Referral Management Centre on 0141 347 8909
Mon to Fri 8:00am - 8:00pm and Sat 9:00am - 1:00pm
or, you can email AHP.Appointments@ggc.scot.nhs.uk
Further contact details can be found on the NHSGG&C Podiatry website

…we aim to see >95% of foot ulcers within 2 working days
…we aim to see >90% of new referrals within 4 weeks

Please contact NHSGG&C Podiatry for advice and assessment on ALL foot and ankle problems. This helps the Podiatry service prevent unnecessary visits to General Practitioners and Accident & Emergency.

Professional referrals…

Health & Social Care Professionals and General Practice staff:

Referrals should be made electronically via TrakCare or SCI Gateway. Please visit the Podiatry staffnet page (GPs NHSGG&C Podiatry website) for specific details or direct your patients to the Referral Management Centre: 0141 347 8909

Contact numbers for Health Care Professionals & General Practices

West:       West Dunbarton 0141 531 6360
            West Glasgow 0141 211 1425
East:       East Dunbarton 0141 531 6730
            East Glasgow 0141 531 6262
South:      East Renfrewshire 0141 201 1722
            South East Glasgow 0141 201 1722
            South West Glasgow 0141 201 1722
Clyde:      Inverclyde 01475 501 206
            Renfrewshire 01505 821 622

@nhsggcpodiatry