Food & fluid myths in hospital

Myth: Snacks are not available between meals unless you are at risk of malnutrition

FALSE

All wards have a supply of ward provisions as part of the national catering and nutrition specification, Food in Hospitals. This includes:

- Bread, butter/spread and jam
- Biscuits and cereal
- Tea, coffee, hot chocolate, milk and squash

These should be available in your ward pantry at all times for use by our patients.

For your local pantry contact details, visit: www.nhsggc.org.uk/pantrycontacts

For further information: www.nhsggc.org.uk/foodfirst