Community Continence Clinical Pathway

A screening process will take place for all new referrals into the NHSSGG&C SPHERE team which will consider:

- Continence Treatment Guidance (detailed below)
- Geographic location of patient
- Clinic waiting times

Continenence Treatment Guidance

- Prolapse only (except symptomatic grade 3-4) → SPHERE Physio
- Bowel
  - Faecal stress → SPHERE Physio
  - Faecal urge → SPHERE Nurse/Physio
  - Difficult defeacation → SPHERE Nurse/Physio
  - Bowel management → SPHERE Nurse
  - Functional → SPHERE Nurse
Bladder (female)
- Stress
- Urge
- Mixed
- Voiding dysfunction
- Functional
  - PA to BIG
  - SPHERE Nurse/Physio
  - SPHERE Nurse
  - SPHERE Nurse
  - SPHERE Nurse

Bladder (male)
- Stress
- Urge
- Voiding Dysfunction
- Functional
  - SPHERE Nurse/Physio
  - SPHERE Nurse
  - SPHERE Nurse
  - SPHERE Nurse

Containment
  - PARC

Key
PA: Pre Assessment Clinic
BIG: Behavioural Intervention Group
PARC: Pre Assessment Review Clinic