Reasons For Referrals May Be:
- Faith and Values
- Anxiety (on admission or throughout)
- Dealing with Bad News
- Before or Following Surgery
- Facing Death / Coping with Bereavement
- Patient of Palliative Care / End of Life Care
- Support for Families, Carers, Visitors

Referrals
1. Is referral urgent? Contact switchboard for on call chaplain
2. Can it be attended to during normal working hours place referral through Trakcare (9-5 Mon Fri)

Signs of Spiritual Distress
*signs to offer a referral *
- Withdrawal & Lack of interest
- Restlessness, inability to settle
- Fear – of sleep, being alone, what's to come
- Meaning of life questions – “why me?” “What’s the point?”
- Morbid or suicidal thoughts
- Anger
- Guilt
- A need to resolve unfinished business
- Behaviour that is ‘out of character’
- Sudden religious leaning or neglect of previous practice and belief

Examples of How to offer Spiritual Care Support:
“You've got a lot going on just now – would you like someone to talk to about it all?”

“We can arrange for someone from spiritual care to come by and listen to you about all that's happening.”

*use your own language – it’s not a gimmick – people will trust what you offer more if you understand what and why it’s being offered