

# NHS GREATER GLASGOW & CLYDE CONTROL OF INFECTION COMMITTEE STANDARD OPERATING PROCEDURE (SOP)

# VANCOMYCIN RESISTANT ENTEROCOCCI (VRE)

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The most up-to-date version of this policy can be viewed at the following website: <a href="https://www.nhsggc.org.uk/your-health/infection-prevention-and-control/">www.nhsggc.org.uk/your-health/infection-prevention-and-control/</a>

#### **SOP Objective**

To ensure that Healthcare Workers (HCWs) are aware of the actions and precautions necessary to minimise the risk of outbreaks and the importance of diagnosing patients' clinical conditions promptly.

This SOP applies to all staff employed by NHS Greater Glasgow & Clyde and locum staff on fixed term contracts and volunteer staff.

#### **KEY CHANGES FROM THE PREVIOUS VERSION OF THIS SOP**

This is a new SOP

#### **Document Control Summary**

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Developed by	Infection Control Policy Sub-Group
Related Documents	
Distribution/Availability	NHSGGC Infection Prevention and Control Policy
	Manual and www.nhsggc.org.uk/your-health/public-
	health/infection-prevention-and-control/
Lead Manager	Board Infection Control Manager
Responsible Director	Board Medical Director



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#### **VRE Aide Memoire**

If patient is symptomatic of loose stools, incontinent of urine, has a drain in situ or leaking wounds:

#### Consult SOP and Isolate in a single room

- ✓ ensuite / own commode
- √ door closed
- ✓ IPC yellow sign on door
- √ dedicated equipment
- ✓ Care Checklist completed daily

Patient Assessed Daily

Is the patient incontinent of urine /loose stools?

Does the patient have any Leaking wounds or drains/drain sites

NO

- ✓ undertake terminal clean of room
- ✓ Stop isolation

VRE SOP - Guidelines for patients in isolation:

<u>Hand Hygiene:</u> Liquid Soap and Water or alcohol hand rub

<u>PPE:</u> Disposable gloves and yellow apron.

<u>Patient Environment:</u> Twice daily chlorine clean

<u>Patient Equipment:</u> Twice daily chlorine clean

**Laundry:** Treat as infected

<u>Waste:</u> Dispose of as Clinical / Healthcare waste

Incubation Period: variable

Period of Communicability: While patient is positive for VRE / symptomatic of loose stools /incontinent of urine/ has exudating wounds or leaking drains

Notifiable disease: No

<u>Transmission route:</u> direct, indirect contact

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#### 1. Responsibilities

#### Healthcare Workers (HCWs) must:

- Follow this policy
- Inform a member of the Infection Prevention and Control Team (IPCT) if this
  policy cannot be followed
- Provide information on VRE to patients and relatives as appropriate and document in patient records.

#### Senior Charge Nurses (SCN) / Managers must:

- Ensure that staff are aware of the contents of this SOP.
- Support HCWs and IPCTs in implementing this SOP.

#### Infection Prevention Control Teams (IPCTs) must:

- Keep this SOP up-to-date.
- Provide education opportunities on this SOP.
- Advise and support HCWs to undertake a Risk Assessment if unable to follow this SOP.



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#### 2. General Information on VRE

Communicable Disease/	Vancomycin Resistant Enterococci (VRE). There are two types
Alert Organism	of enterococci which commonly colonise humans and occasionally cause infections – <i>Enterococcus faecalis</i> and <i>Enterococcus faecium</i> . Vancomycin resistance in these organisms is becoming increasingly common in hospitals thus reducing therapeutic options particularly for those who are debilitated with chronic or complex medical conditions
Clinical Condition	Patients may be colonised in their gut/urine/wound/invasive devices sites without signs of infection.  Patients may go on to develop an infection either in wounds of the blood stream that requires treatment
Incubation period	Variable - Estimates of the incubation period vary from days to weeks or even longer.
Mode of Spread	<ul> <li>Contact:         <ul> <li>Direct – touching</li> </ul> </li> <li>Indirect – via the hands of HCWs touching contaminated patient care equipment or environmental surfaces.</li> <li>Faecal – Oral – where hands or items contaminated with faecal organisms are placed directly into the mouth.</li> </ul>
Notifiable disease	No
Period of communicability	While patient remains positive and is symptomatic of loose stools/incontinent of urine/has leaking drain or drain site. As long as the organism is isolated from loose stool/ wounds/ urine if incontinent Some specialist areas e.g. Renal medicine may continue to isolate asymptomatic patients
Persons most at risk	Patients, who are immunocompromised, have surgical wounds, pressure ulcers or invasive devices and have received several courses of antibiotics.



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#### 3. Transmission Based Precautions for Patients with VRE

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Accommodation	Patients only require to be isolated with TBP's in place if they
(Patient Placement)	are symptomatic of loose stools, incontinent of urine and/or
	have leaking wounds/drain site. A single room, preferably en-
	suite, should be made available for these patients.
	If a single room is not available or in instances where a
	patient's clinical condition may not support placement in a
	single room, the IPCT should be informed and a risk
	assessment undertaken by the ward staff on where to safely
	nurse the patient. This must be documented in the patient
	notes and reviewed daily.
	Doors in single rooms must be kept closed. If this is not
	possible, a risk assessment should be undertaken and
	documented in clinical notes.
	If isolation is not required SICPs should be followed but if
	patient becomes symptomatic they should be isolated with
	TBP's
Care Check list	Yes
	VRE Care Checklist
Clinical/ Healthcare	For patients in isolation with TBP's in place all non-sharps
Waste	waste from patients with VRE should be designated as clinical
	healthcare waste and placed in an orange bag. Please refer to
	the NHSGCC Waste Management Policy.
	Waste Management Policy
Domestic Services/	Domestic staff must follow the SOP for Twice Daily Clean of
Facilities	Isolation Rooms. Cleans should be undertaken at least four
T demities	hours apart. Twice Daily Clean of Isolation Rooms SOP
	Hours apart. I wice burry clean or isolation rooms sor
Equipment	Where practical allocate individual equipment, e.g. own
-4	washbowl, commode, hoist sling or sliding-sheet.
	Decontaminate equipment as per the NHSGGC Cleaning of
	Near Patient Equipment SOP
	Cleaning of Near Patient Equipment SOP
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Hand Hygiene	Hand hygiene is the single most important measure to prevent
	cross-infection with VRE.
	Hand Hygiene SOP
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Last Offices	See National guidance for Last Offices
	National Last Offices Guidance
Linen	While patient requires TBP's to be in place treat used linen as
	soiled/infected, i.e. place in an alginate bag, then a clear bag
	tied (brown polythene bag used in Mental Health areas) and
	then into a laundry bag.
	Please refer to National Guidance on the safe management of
	linen.
	National Laundry Guidance
Moving between	Patient movement should be kept to a minimum. If patient is
wards, hospitals and	isolated movement should be kept to a minimum and only
departments	moved if clinically indicated. Prior to transfer, HCWs from the
(including theatres)	ward where the patient is located <b>must</b> inform the receiving
	ward, theatre or department of the patient's VRE status.
	When patients need to attend other departments the
	receiving area should put in place arrangements to minimise
	contact with other patients and arrange for additional
	domestic cleaning if required while the patient requires TBP's
	to be in place
Notice for Door	A yellow IPC sign must be placed on the door to the patient's
	room which must be closed. In Mental Health Services – on the
	advice of the IPCT.
Patient Clothing	If relatives or carers take personal clothing home, staff must
(for home laundering)	place soiled clothing into a domestic alginate bag and
	ensure that a Washing Clothes at Home Leaflet is issued.
	<b>NB</b> It should be recorded in the nursing notes that both advice
	and the information leaflet has been issued.
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Patient Information	The clinical team with overall responsibility for the patient must
	inform the patient and provide written information on VRE to the
	patient and any persons caring for the patient, e.g. parent, guardian/ next-of-kin (as appropriate)
	VRE Patient Fact Sheet
	VILL I discribe I det Silvet
Personal Protective	To prevent spread through direct contact PPE (disposable
Equipment (PPE)	gloves and yellow apron) must be worn for all direct contact
,p	with the patient or the patient's environment/equipment
	while the patient has TBP's in place.
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Precautions required until	Please contact your local IPCT for advice on when/if transmission based precautions can be discontinued
Procedure restrictions	There is no reason to place patients with VRE at the end of operation/procedure lists. Areas must be informed of current status and need for enhanced cleaning.
	No restrictions are required in Out-Patient settings but strict adherence to Standard Infection Control Precautions (SICPs) is essential
Specimens required	A stool specimen if the patient is symptomatic of loose stools.
	The IPCT may request other sites such as: wound, urine/any
	other vulnerable sites
Terminal Cleaning of	Follow NHSGGC Terminal Clean of Isolation Rooms SOP
Room	Terminal Clean of Ward/Isolation Rooms SOP
Visitors	Visitors are not required to wear aprons and gloves unless they
	are participating in patient care. They should be advised to
	decontaminate their hands on leaving the room / patient.

#### 4. Evidence base:

http://www.nipcm.hps.scot.nhs.uk/

http://www.nipcm.hps.scot.nhs.uk/a-z-pathogens/