Introduction

This issue congratulates all the winners from the Scottish health Awards and provides information on money advice.

Scottish Health Awards
The Scottish Health Awards are the most prestigious and recognised awards for those working across NHSScotland to deliver high quality health and social care services to the people of Scotland. We are delighted and proud to announce that we had five winners at the awards:

- Anne Marie Kennedy – Volunteer Award
- Helen Scott – Therapist Award
- Dr Erica Peters – Leader of the Year Award
- John Bain – Dentist Award
- Theatre Reception Team, RHC – Top Team Award

Congratulations to all the winners and finalists. Click here to view pics of the winners.

Would you like help to manage your money better? Is money a worry for you?

Sometimes our circumstances change; maybe because of ill health, family job loss, disability, looking after someone, relationship breakdown or a bereavement. At such times money can become a worry for any of us.

NHSGGC works in partnership with money advice services which are based in local communities. A money advice service can offer free, confidential and quality assured services including:

- Help with budgeting
- Help with completion of benefit forms – have you checked if you are entitled to anything?
- Help with managing debt
- Help with high gas and electricity tariffs and fuel arrears

Information on local money advice services in your area can be found at http://infodir.nhsggc.org.uk/ or through the NHSGGC Support & Information Service http://nhsggc.org.uk/sis

For lots more information on managing money, visit All about Money on the Healthier Place to Work web pages.