**Staff self-isolation and testing**

The people who work in health and social care are vital to delivering the services we rely on.

### Why test?

1. **Anyone who develops a fever (>37.8°C) or a new, persistent cough or a change to/loss of sense of smell** MUST self-isolate, along with the people they live with.

2. **If the staff member is unwell with cough/fever/anosmia (loss of sense of smell)**, they are tested.

3. **If the staff member is well, but someone they live with has cough/fever/anosmia (loss of sense of smell)**, the unwell household contact of the staff member is tested.

4. **If the staff member is well, but more than one person they live with has cough/fever/anosmia (loss of sense of smell)**, all household contacts with symptoms are tested.

5. **By reducing the length of staff absences due to isolation, testing helps support our health and care services.**

### Who is tested through this service?

1. **If the staff member is well**,
   - **If the staff member is unwell with cough/fever/anosmia (loss of sense of smell)**, the staff member is tested.
   - **If the staff member is well, but someone they live with has cough/fever/anosmia (loss of sense of smell)**, the unwell household contact of the staff member is tested.
   - **If the staff member is well, but more than one person they live with has cough/fever/anosmia (loss of sense of smell)**, all household contacts with symptoms are tested.

### When is testing done?

**In the first 5 days following the start of the illness** as this is when the test is most accurate.

### Who is eligible for this service?

- **Staff** providing health and social care services, who have symptoms of Covid-19
- **Household contacts** of health and social care staff who have symptoms, meaning that well staff are having to home isolate
- **Only individuals** who have had symptoms within the past 5 days will be tested; the test is not used for people who are well

For further information visit: [www.nhsggc.org.uk/covid19/stafftesting](http://www.nhsggc.org.uk/covid19/stafftesting)

Staff who are concerned about their illness should contact NHS 24 to seek medical attention.