Welcome back to visiting in NHSGGC maternity units

The following information is designed to keep women, babies, visitors and staff safe

**Every woman will be able to choose two visitors** during their antenatal and postnatal stay. These named people must remain the same throughout her hospital stay.

<table>
<thead>
<tr>
<th>Essential visitor: birth partner</th>
<th>Designated visitor</th>
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<tbody>
<tr>
<td>Life partner or other named person</td>
<td>Any person the woman chooses</td>
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Due to social distancing policy, we recommend that woman have **their birth partner only** present in the labour ward. Where this is of concern, staff will review on an individual basis if it is safe to accommodate a second birth partner.

The woman will be advised of her visiting slots on her admission to the ward which she can then share with her visitors.

**All visitors must...**

- Wear a face covering in all areas of the hospital
- If you cough or sneeze, you must follow good hygiene practice
- Do not bring food, flowers, helium balloons or similar items
- Children must not visit

- Wash hands or use hand sanitiser when entering or leaving the hospital, any clinical areas and after touching furniture or equipment
- Only go to the ward or department you are visiting unless the patient has been moved for clinical reasons
- On arrival at the ward please alert a member of staff before approaching the bedside
- Where possible avoid using the lifts and take the stairs if you are able

Please remember that you must maintain the recommended physical distance with anyone who does not live within your household.

If you have a persistent cough, flu like symptoms, fever or loss of taste or smell, please DO NOT VISIT. Thank you for your understanding.

For current information on hospital visiting: www.nhsggc.org.uk/covid19