Royal Alexandra Hospital

Walking and cycling guide 2021

Active Travel

NHS Greater Glasgow & Clyde recognise that physical activity is essential for good health and encourage staff and visitors to consider walking and cycling as a great way to travel to Hospital sites. This map indicates the shared access routes to hospitals and healthcare facilities. Designated visitor cycle parking is located on most sites.

Commuter cycle training is available for NHS Greater Glasgow & Clyde staff. There are a range of training courses available from basic beginners training to advanced on-road manoeuvre training for proficient cyclists.

For further information:
Email: travelpo@ggc.scot.nhs.uk

Cycling to Work

Royal Alexandra Hospital is situated in Paisley and serves a population of around 200,000 from a mix of urban and rural areas.

The hospital provides a range of services including inpatient beds, general medical and surgical services, trauma and emergency surgery centre, HDU, medicine for the elderly, maternity hospital including a Community Maternity Unit, Panda Children’s Centre and Accident & Emergency.

Cycling to Work scheme is a salary sacrifice scheme available to NHS Greater Glasgow & Clyde staff*. With the Cycle to Work scheme, you can get your bike tax-free, which for most people means they save between 25% and 32% of the cost. Loans are available up to a maximum of £4,000 to use at a wide range of retailers, including E bikes or if you just want to purchase some new accessories. As well as saving you money, it is good for your health and the environment.

Secure cycle parking is available at A & E entrance, the main car park and at the Paediatric entrance, near Estates buildings. Bike racks are available at the main entrance. Showers are available within staff changing areas within the Main Building, Theatres and Maternity.

*Terms and Conditions apply.

All information is correct at December 2020