Self-Isolation Exemption for Health and Social Care Workers

The Scottish Government has set out a framework which enables asymptomatic Health and Social Care staff who have been a contact of someone with a positive COVID test to be exempted from self-isolation requirements under specific circumstances*.

The decision to be exempt from self-isolation is at the discretion of the staff member and is a voluntary arrangement. The continued health, safety and well-being of our patients, service users and staff is paramount we will ensure that all appropriate risk assessments and measures are in place.

Any decision to apply self-exemption to individual service areas can only be made through NHSGGC’s Strategy Executive Group (SEG) following demonstration of key criteria. Therefore any local requests should be made through Directors and Chief Officers who will consider criteria and make any necessary recommendations to SEG.

*The circumstances for staff members to be considered for exemption are:

- Applies to passing close contact (not household contacts).
- Double vaccinated (defined as at least 14 days post completion of course).
- Asymptomatic.
- Negative PCR test.
- Negative Lateral Flow test result prior to starting work each day until day 10 following the day of the last exposure. All negative test results should be reported to Line Manager and logged through the digital process.
- The staff member should not work with severely immunocompromised / high risk patients (e.g. within oncology settings). Redeployment to other clinical areas is permitted. The staff members agrees to minimise contacts out with the work situation until day 10 following the day of the last exposure.

Message from Health and Safety - Monitoring COVID control measures

To assist local areas in monitoring the social distancing control measures in place, a monitoring log is available for use. The log is located here.
Information in relation to Social Distancing can be found here. If you have any ideas to improve Social Distancing practice, please share with your line manager and email here: SDCommsGroup@ggc.scot.nhs.uk

Are your contact details up-to-date? Click here to check