Influenza Aide Memoire

Follow this algorithm if you have a patient with suspected or confirmed Influenza

Consult SOP and Isolate in a single room with:
- ensuite / own commode
- door closed
- IPC yellow sign on door
- dedicated equipment
- **Influenza Care Checklist** completed daily

Patient is asymptomatic of coryzal symptoms/back to their normal respiratory function for at least 24 hours?
- NO
- YES

Is the patient severely immunocompromised?
- YES
- NO

**INCUBATION PERIOD:** 1 – 4 days

**PERIOD OF COMMUNICABILITY:** Patient is asymptomatic of coryzal symptoms/back to their normal respiratory function for at least 24 hours? Or, patient has completed a course of antiviral treatment?

**NOTIFIABLE DISEASE:** Yes

**TRANSMISSION ROUTE:** droplet

**CORYZAL SYMPTOMS:** inflammation of the mucosa of the respiratory tract, causing nasal discharge and congestion, sneezing, sore throat and cough.

Clinical team must assess risk of ongoing transmission of influenza in their patient. When no longer considered infectious:
- Stop transmission based precautions
- Undertake terminal clean of room

**INFECTIOUS PERIOD:**
- Patient is asymptomatic of coryzal symptoms/back to their normal respiratory function for at least 24 hours?
- Or, patient has completed a course of antiviral treatment?

**HAND HYGIENE:** Liquid Soap and Water or alcohol hand rub

**PPE:** Disposable gloves and yellow apron, fluid repellent surgical mask (FRSM) and eye protection if within 1m of patient. FFP3 respirator for Aerosol Generating Procedures (AGPs)

**PATIENT ENVIRONMENT:** Twice daily clean with chlorine based detergent

**PATIENT EQUIPMENT:** Chlorine clean after use and at least on a twice daily basis

**LAUNDRY:** Treat as infected

The most up-to-date version of this can be viewed at the following website: