

SUPPORTING CARERS

OVERVIEW

This session will be delivered by Andy Todd, Carers Centre Manager, Inverclyde Carers Centre & Agnes Wallace, Prevention & Support Nurse, Inverclyde CHP.

This session will enable staff to understand the difficulty of social inclusion for Carers and the resistance carers sometimes face when approaching and attending their GP Practice.

This short session will help staff recognise when a patient is a carer and provide guidance to support and signpost carers appropriately.

The speakers will highlight the importance of having a named contact for carers in the Practice; maintaining the local Carers Register and the role of the Register within GP Practice.

Having a flexible and understanding approach, strong links with the local Carers Centre and knowledge of the services available, are just some examples of how you can support carers in the community.

AUDIENCE

This session is aimed at front line General Practice staff and Practice Managers.

LEARNING STYLE

Informal session involving interactive group discussion.