Renfrewshire Directory

of

Palliative Care Services
## Contents

<table>
<thead>
<tr>
<th>Service Group</th>
<th>Page(s)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Foreword</td>
<td>3</td>
</tr>
<tr>
<td>Royal Alexandra Hospital Based Services</td>
<td>4 - 11</td>
</tr>
<tr>
<td>Social Work Services &amp; Other Services for Carers</td>
<td>12 - 13</td>
</tr>
<tr>
<td>Greater Glasgow &amp; Clyde Services (Area Wide)</td>
<td>14</td>
</tr>
<tr>
<td>Hospices</td>
<td>15</td>
</tr>
<tr>
<td>Information &amp; Counselling Services</td>
<td>16 - 19</td>
</tr>
<tr>
<td>National Organisations and Support Groups</td>
<td>19 - 23</td>
</tr>
<tr>
<td>Current Projects &amp; Initiatives</td>
<td>24</td>
</tr>
<tr>
<td>Voluntary Organisations and Services</td>
<td>24</td>
</tr>
<tr>
<td>Useful Website Links</td>
<td>25</td>
</tr>
</tbody>
</table>
Foreword

Welcome to the Renfrewshire Directory of Palliative Care Services.

The Renfrewshire Community Health Partnership (RCHP) and Partner Agencies, with funding provided by Macmillan Cancer Support undertook a six month rapid appraisal of palliative and end of life care services in Renfrewshire.

As a direct result of this work we have produced the Renfrewshire Directory of Palliative Care Services.

We hope that this directory will provide a local resource which will help service users and staff, access information quickly and simply.

If you would like additional services to be included in future versions of the directory please contact the CHP management office on 0141 842 6000 or by email to renfrewshirechp@ggc.scot.nhs.uk
**Acute Specialist Palliative Care Team**

Royal Alexandra Hospital  
Corsebar Road  
Paisley PA2 9PN

Tel: 0141 314 6114  
Email: Mairi.ronald@rah.scot.nhs.uk  
Website:

The specialist palliative care team within the RAH is made up of one half time consultant in palliative medicine and one full time palliative care clinical nurse specialist. Palliative care support is available to any patient with advanced, progressive or life limiting disease who is experiencing complex end of life care needs, complex pain and / or other uncontrolled symptoms e.g. nausea, vomiting or breathlessness or complex physical, psychological, spiritual or family needs that cannot fully be met by the existing care team. Patients are seen by the CNS and / or consultant, as clinically indicated. Whenever possible, and appropriate, contact is made within one working day of receipt of the referral form. The palliative care team offer telephone advice, single assessment visits or longer involvement, according to need.

The service is available to any inpatient within the RAH who has specialist palliative care needs.

**Breast Care Clinical Nurse Specialist Service**

Education Corridor, Royal Alexandra Hospital  
Corsebar Road  
Paisley PA2 9PN

Tel: 0141 314 6853  
Email: alyson.ross@rah.scot.nhs.uk  
Website:

The service facilitates the ongoing care of patients with early and metastatic breast cancer and signposts patients to other supportive agencies.

The service is accessible to patients, carers and healthcare professionals involved in patient care. Patients being referred must be registered with a breast consultant at Royal Alexandra Hospital.

Referrals may be made by telephone, writing or face to face.
Colorectal Clinical Nurse Specialist Service
Royal Alexandra Hospital
Corsebar Road
Paisley PA2 9PN

Tel: 0141 314 6000
Email: isabelle.mccallum@renver-pct.scot.nhs.uk
Website:

The Colorectal CNS provides support for all patients newly diagnosed with colorectal cancer, and also provides a Colorectal Cancer follow-up clinic.

The service accepts referrals from medical staff, GPs, nursing staff and relatives and carers.

Dementia Clinical Nurse Specialist Service
Royal Alexandra Hospital
Corsebar Road
Paisley PA2 9PN

Tel: 0141 314 6000
Email: elaine.deveny@renver-pct.scot.nhs.uk
Website:

The Dementia CNS service provides clinical support and advice for staff, dementia patients and carers.

The service is predominantly an acute hospital based service which accepts referrals from medical staff and relatives and carers.
Gynaecology Clinical Nurse Specialist Service
Royal Alexandra Hospital
Corsebar Road
Paisley PA2 9PN

Tel: 0141 314 6000
Email: rae.roan@renver-pct.scot.nhs.uk
Website:

The service supports women who have been diagnosed with a gynaecological cancer.

The nurse specialist is available to provide information and support with various aspects of condition and treatment.

The nurse specialist can also direct you to other team members or sources of support that may be helpful to patients and families.

The service accepts referrals from medical staff, GPs, nursing staff and self referral by patients.

Head & Neck Clinical Nurse Specialist Service
Royal Alexandra Hospital
Corsebar Road
Paisley PA2 9PN

Tel: 0141 314 6000
Email: sarah.wilson@rah.scot.nhs.uk
maria.smith@rah.scot.nhs.uk
Website:

The service provides information and support for individuals diagnosed with head and neck cancer, and their families, from diagnosis, and throughout treatment and rehabilitation.

The service is available to all patients diagnosed at either Royal Alexandra Hospital in Paisley or Inverclyde Royal Hospital in Greenock.

All patients will meet a Head and Neck Specialist Nurse at point of diagnosis or treatment planning.

The service only accepts referrals from medical staff.
Heart Failure Clinical Nurse Specialist Service

c/o Service Corridor, Royal Alexandra Hospital
Corsebar Road
Paisley PA2 9PN

Tel: 0141 314 6729
Email: maureen.melvin@rah.scot.nhs.uk
Website:

The Heart Failure CNS provides support and education to patients with a diagnosis of left ventricular systolic dysfunction. The service offers optimisation of evidence based medications and monitoring of response to same along with chronic disease management.

The service is available to patients who have been admitted to hospital with deteriorating heart failure due to LVSD.

Access to the service is by referral from a Cardiologist or by a heart failure diagnosis of LVSD determined by echocardiography, radionuclide ventriculography or angiography.

Multi Agency Team for Care at Home (MATCH)

Royal Alexandra Hospital
Corsebar Road
Paisley PA2 9PN

Tel: 0141 314 6000
Email: matchOOH@renver-pct.scot.nhs.uk
Website:

The aim of the Multi Agency Team for Care at Home (MATCH) is to prevent inappropriate admission to hospital and to facilitate safe and effective discharge from hospital to the community.

The service is available for all patients who require a multi-disciplinary assessment.

The service provides crisis intervention where patients would benefit from multi-disciplinary assessment and/or short term rehabilitation and serves patients with complex needs, with potential for rehabilitation.

The service supports patients discharge home from A&E avoiding the need for unnecessary admission to hospital. It also supports patients residing in care homes that may require rehabilitation to maximise their function, or prevent avoidable admission to hospital.

The service accepts referrals from medical staff, GPs, nursing staff, allied health professionals (AHPs) and social work staff.
Oncology Haematology Clinical Nurse Specialist Service
Royal Alexandra Hospital
Corsebar Road
Paisley PA2 9PN

Tel: 0141 314 6000
Email: lynne.summers@renver-pct.scot.nhs.uk
Website:

The Haemato-Oncology Clinical Nurse Specialist gives information and support to all patients with haematological cancers and their families, in particular at diagnosis and throughout treatment.

The service is accessible to patients, Carers, doctors, GP’s, district nurses, staff nurses, hospices and allied health professionals in both the community and acute settings.

Oncology (lung) CNS
Royal Alexandra Hospital
Corsebar Road
Paisley PA2 9PN

Tel: 0141 314 6037
Email: katherine.jones@rah.scot.nhs.uk
Website:

The Lung Oncology Clinical Nurse Specialist gives information and support to all patients with lung cancers and their families, in particular at diagnosis and throughout treatment.

The service is accessible to patients, Carers, doctors, GP’s, district nurses, staff nurses, hospices and allied health professionals in both the community and acute settings.

Both patients and carers can self refer to the service.

Contact details are available in the Royal Alexandra Hospital wards and A&E Dept. Patients are also referred from the results and oncology clinics where patient information is provided including service contact details.
**Parkinson's Clinical Nurse Specialist Service**

Royal Alexandra Hospital  
Corsebar Road  
Paisley PA2 9PN  

Tel: 0141 314 6000  
Email: shona.scott@renver-pct.scot.nhs.uk  
Website:  

The service provides locally based expert and holistic management of patients with Parkinson's disease and movement disorders.

The service accepts referrals from medical staff, GPs, nursing staff, allied health professionals, social work staff, relatives and carers and self referral by patients.

---

**Respiratory Clinical Nurse Specialist Service**

Royal Alexandra Hospital  
Corsebar Road  
Paisley PA2 9PN  

Tel: 0141 314 6000  
Email: lynda.bryceland@renver-pct.scot.nhs.uk  
Website:  

The RAH based, Respiratory CNS works between the acute site and community setting providing support to patients with non-malignant respiratory conditions.

The CNS acts as a resource for both community and acute colleagues providing advice and education on respiratory conditions.

The service is also involved with patient support groups and also a group looking into improving the standards of care for patients with end stage non-malignant respiratory disease.

The service provides end of life support for patients with end stage respiratory disease and their carers/family, home visits as required and has an open access service for home visits which patients can access directly.

Referrals are accepted from ward nursing and medical staff, GPs, Practice Nurses and District Nurses. The service is also open to referrals from other agencies if there is an identified need.
**Stroke Clinical Nurse Specialist Service**
Royal Alexandra Hospital  
Corsebar Road  
Paisley PA2 9PN

Tel: 0141 314 6000  
Email: ann.gibson@renver-pct.scot.nhs.uk  
Website:

The stroke outreach team supports stroke patients in the community in Renfrewshire with rehabilitation following discharge and in some instances can facilitate early supported discharge.

Patients will continue with rehabilitation for up to 4 weeks where progress will be reviewed.

If further rehabilitation is indicated the patient may be referred onto other teams i.e. Physical Disability Rehabilitation Service.

The service accepts referrals from medical staff, GPs, nursing staff, allied health professionals, social work staff, relatives and carers and self referral by patients.

**Trauma Clinical Nurse Specialist Service**
Royal Alexandra Hospital  
Corsebar Road  
Paisley PA2 9PN

Tel: 0141 314 6000  
Email: yvonne.smith@renver-pct.scot.nhs.uk  
Website:

The trauma liaison service supports the orthopaedic receiving team at the RAH in the management of patients with orthopaedic trauma.

The service liaises with the pain control team and oncology service to promote the best holistic care possible.

The service only accepts referrals from medical staff and GPs.
Upper GI Clinical Nurse Specialist Service

Royal Alexandra Hospital
Corsebar Road
Paisley PA2 9PN

Tel: 0141 314 6000
Email: christine.ballantyne@renver-pct.scot.nhs.uk
Website:

The service is available for all patients diagnosed with a malignancy within the Upper GI tract and at any point in the disease trajectory.

The service is a specialist resource to other members of the multidisciplinary team.

The service accepts referrals from medical staff, GPs, nursing staff, relatives and carers and self referral by patients.

Urology Clinical Nurse Specialist Service

Royal Alexandra Hospital
Corsebar Road
Paisley PA2 9PN

Tel: 0141 314 6000
Email: julie.mccleanor@renver-pct.scot.nhs.uk
Website:

The palliative care needs of patients are met by the Palliative Care Team, based within the hospital.

The role of the Urology CNS generally includes out-patient clinics (nurse led), or out-patient investigations carried out at ward level.

The service accepts referrals from medical staff, nursing staff, allied health professionals, relatives and carers and self referral by patients.
**Renfrewshire Carers Centre**

Unit 55, Abbey Mill Business Centre  
Embroidery Mill, Seedhill  
Paisley PA1 1TJ

Tel: 0141 887 3643  
Email: centre@renfrewshirecarers.co.uk  
Website: [www.renfrewshirecarers.com](http://www.renfrewshirecarers.com)

The Carers Centre is a voluntary organisation that provides a range of high quality services to unpaid carers living in Renfrewshire. Services comprise planned respite, befriending, carer advocacy, carer training, advice, relaxation services support groups and young carer activities. We also provide information on local services in Renfrewshire.

The services of the centre are available to all unpaid carers living in Renfrewshire.

Referrals can be by self-referral or via GPs, hospitals, district nurses, social workers and education workers.

For full details of the service please go to the website listed above.

---

**Renfrewshire Council - Social Work Community Care**

3rd Floor, Renfrewshire House  
Cotton Street  
Paisley PA1 1TZ

Tel: 0141 842 5164  
Email: john.paterson@renfrewshire.gsx.gov.uk  
Website: [www.renfrewshire.gov.uk](http://www.renfrewshire.gov.uk)

Although Social Work do not have dedicated Palliative Care teams their Community Care Service does provide services to people in the palliative care stage as part of wider agency involvement.

For full details of the service please go to the website listed above.
Disability Resource Centre
74 Love Street
Paisley PA1 2EA

Tel: 0141 848 1123
Email: sw@renfrewshire.gov.uk
Website: www.renfrewshire.gov.uk

We are a Resource Centre for people with a physical disability who live in the Renfrewshire area. There is no cost for using this service, which is open to people from ages 16 to 65.

You can attend the centre up to 3 days per week to take part in groups and be offered support tailored to meet your needs.

The centre offers:

- Leisure and social activities
- Community involvement
- Information and advice service
- Educational projects
- Volunteering
- Employment/training

Macmillan Consultant Nurse Palliative Care (Adults)
St. Vincent’s Hospice
Midton Road
Howwood PA9 1AF

Tel: 0150 570 4120
Email: kate.lennon@nhs.net
Website:

The Consultant Nurse Palliative Care (Adults) will provide information and support on matters related to palliative care. This includes answering any questions or queries for patients and carers about their illness and including bereavement issues and directing to other services.

The services of the consultant nurse are available to both public and professionals by telephone or by email.
Consultant Nurse in Palliative Care (Children)
Royal Hospital for Sick Children (Glasgow)
Yorkhill Hospital, Dalnair Street
Glasgow G3 8SJ

Tel: 0141 201 0010
Email: karen.sinclair@ggc.scot.nhs.uk
Website:

The Consultant Nurse Palliative Care (Children) will provide information and support on matters related to palliative care. This includes answering any questions or queries for patients and carers about their illness and including bereavement issues and directing to other services.

Palliative Care for People with Non-malignant Conditions
GGHB Lightburn Hospital
966 Carntyne Road
Glasgow G32 6ND

Tel: 0141 211 1529
Email: Jacqueline.Chaplin@ggc.scot.nhs.uk
Website: www.palliativecareglasgow.info

The Palliative Care for People with Non-Malignant Conditions initiative is a GG&C wide initiative. Further information is available on the GG&C Palliative Care website.

For full details of the service please go to the website listed above.

Older Adult Community Mental Health Team
Abbey House
8 Seedhill Road
Paisley PA1 1JT

Tel: 0141 842 4111
Email: john.quinn@ggc.scot.nhs.uk and johnquinn@nhs.net
Website:

People living in Renfrewshire aged 65 years and over with mental health problems can access the service.

The service accepts referrals from GPs, Health Care professionals, MATCH Team, Social Care professionals, consultants in Old Age Psychiatry.
**ACCORD Hospice**  
Morton Avenue  
Paisley PA2 7BW

Tel: 0141 581 2000  
Email: office@accord.org.uk  
Website: [www.accordhospice.org.uk](http://www.accordhospice.org.uk)

The service is available to any patient or carer living with an advanced incurable disease or illness.

Referrals should be made by a hospital consultant or GP or with their consent.

For full details of the service please go to the [website](http://www.accordhospice.org.uk) listed above.

---

**St Vincent’s Hospice**  
Midton Road  
Howwood PA9 1AF

Tel: 01505 705635  
Email: trudy.lafferty@SVH.co.uk  
Website: [www.stvincentshospice.co.uk](http://www.stvincentshospice.co.uk)

The service is accessible to all patients and families with life limiting illnesses.

Referral can be made direct to the hospice by healthcare professionals, hospitals and community services.

Self referrals may be made but will be discussed with the patient’s own GP

For full details of the service please go to the [website](http://www.stvincentshospice.co.uk) listed above.
Advice Works
8 Collier Street
Johnstone PA5 8AR

Tel: 0150 538 2328
Email: adviceworks@renfrewshire.gov.uk
Website: www.renfrewshire.gov.uk/ilwwcm/publishing.nsf/Content/sw-sg-benefitcheck

Advice Works aims to raise the incomes of people and their families and help people manage their debts.

Self referral can be made by all those living in Renfrewshire.

Drop-in clinics are held in Paisley, Johnstone, Renfrew and Erskine please contact for details.

For full details of the service please go to the website listed above.

Cancer Information & Support Service (CISS)
c/o Renfrew Library
103 Paisley Road
Renfrew PA4 8LH

Tel:
Email: Susanne.Gray@ggc.scot.nhs.uk
Website:

The CISS offers anyone affected by cancer access to good quality information and support, welcoming visitors with a friendly ear and a smile. The service is staffed by an experienced Macmillan professional and by trained and dedicated volunteers.

We provide a confidential support service, peer support, benefits advice, health improvement advice, sign posting to other services, advice on national health initiatives and local access to counselling and complimentary therapies will be available soon.

The service is a drop-in from 1-4pm on Tuesday and Thursday afternoons.
Citizens Advice Bureau Renfrewshire

45 George Street
Paisley PA1 2JY

Tel: 0141 889 2121
Email: bureau@paisleycab.casonline.org.uk
Website: [www.cas.org.uk/WebOfficeDetails.aspx?id=82](http://www.cas.org.uk/WebOfficeDetails.aspx?id=82)

The Citizens Advice Bureaux is made up of independent, local charities that are members of Citizens Advice Scotland and it provides advice and information to people in need to ensure that individuals do not suffer through lack of knowledge of their rights and responsibilities, or of services available to them, or through an inability to express their need effectively.

For full details of the service please go to the [website](http://www.cas.org.uk/WebOfficeDetails.aspx?id=82) listed above.

Crisis

Riverside House
Old Ferry Road
Erskine PA8 6AX

Tel: 0141 812 8474
Email: info@crisiscounselling.co.uk
Website: [www.crisiscounselling.co.uk](http://www.crisiscounselling.co.uk)

Crisis provides Trauma and Generic Counselling & Training Services and is available to all people in Renfrewshire who may self-refer to the service.

Referrals are also accepted from GPs, Social Work, Emergency Services and Community Groups.

Employee Assistance programmes, training and consultancy are the Enterprise activities which fund our services.

For full details of the service please go to the [website](http://www.crisiscounselling.co.uk) listed above.
**Cruse Bereavement Care Scotland**

1st Floor, Central Chambers  
11 Bothwell Street  
Glasgow G2 6LY

Tel: 0845 600 2227  
Email: glasgow@crusescotland.org.uk  
Website: [www.crusescotland.org.uk](http://www.crusescotland.org.uk)

Cruse provides support to anyone affected by bereavement and is accessed by calling 0845 600 2227 direct.

For full details of the service please go to the [website](http://www.crusescotland.org.uk) listed above.

---

**The Wynd Centre**

6 School Wynd  
Paisley PA1 2DB

Tel: 0141 887 4647  
Email: ann.m@thewynd.org.uk  
Website: [www.thewaynd.org.uk](http://www.thewaynd.org.uk)

The Wynd Centre offers counselling services to everyone over 16 years of age in a specifically designed, safe environment where clients can share their feeling of distress, anxiety unhappiness and uncertainty in an honest and truthful manner.

The service aims to help individuals understand their difficulties and reach a decision on what to do about them.

There is a small fee for this service however no one should feel they cannot afford to attend the service. All will be made welcome.

For full details of the service please go to the [website](http://www.thewaynd.org.uk) listed above.
Reaching Older Adults in Renfrewshire (ROAR)
c/o RCVS, Airlink Business Centre
24 Clark Street
Paisley PA3 1RB

Tel: 0141 889 7481 or 0141 587 2487
Email: roar@rcvsweb.co.uk
Website: www.renfrewshire.gov.uk/ilwwcm/publishing.nsf/Content/sw-jm-ROAR

ROAR is a partnership project providing a range of services across Renfrewshire. These include:
- Befriending at home or in the community
- Specialist befriending service for people with Alzheimer’s
- Transport to and from appointments, outings
- ROAR Clubs in Johnstone, Linwood, Houston & Lochwinnoch

The ROAR Project aims to:
- Help reduce isolation
- Improve health and well being
- Increase self confidence
- Provide social activity
- Maximise independence
- Improve quality of life

Anyone over the age of 55 living within Renfrewshire can be referred to the service by any public sector practitioner, voluntary sector organisations or by self referral process.

For full details of the service please go to the website listed above.
Alzheimer Scotland
32 Riccartsbar Avenue
Paisley PA2 6BG

Tel: 0141 887 1289
Email: RenfreshireServices@alzscot.org
Website: www.alzscot.org

The service is available to people with dementia, their family and carers.

Services may be accessed by client self-referral, via the NHS and via Social Work.

For full details of the service please go to the website listed above.
The Care Commission was set up in April 2002 under the Regulation of Care (Scotland) Act 2001 to regulate all adult, child and independent healthcare services in Scotland.

We make sure that care service providers meet the Scottish Government's National Care Standards and work to improve the quality of care.

For full details of the service please go to the website listed above.

Macmillan Cancer Support improves the lives of people affected by cancer locally. They provide practical, medical, emotional and financial support.

For full details of the service please go to the website listed above.
Marie Curie Nursing Service
Marie Curie Hospice Glasgow
133 Balornock Road
Glasgow G21 3US
Tel: 0141 557 7512
Email: margaret.lambie@mariecurie.org.uk
Website: www.mariecurie.org.uk

The service is available to patients over 16 years of age who are suffering from a life threatening illness whether that be cancer or other non-malignant conditions for example Heart Failure, Motor Neuron Disease, Multiple sclerosis. It is also available to carers of these patient groups.

Referrals are made via the district nursing teams.

There is a Marie Curie Direct helpline available on 0800 6344 520.

For full details of the service please go to the website listed above.

NHS 24
Tel: 08454 24 24 24
Website: www.nhs24.com

NHS24 provides comprehensive up-to-date health information and self care advice for people in Scotland.

For full details of the service please go to the website listed above.
Motor Neurone Care Centre
SGH 1st Floor Block B
1345 Govan Road
Glasgow G51 4TF

Tel: 0141 201 2380
Email: Carole.Ferguson@ggc.scot.nhs.uk
Website: www.mndscotland.org.uk

MND Scotland exists to help all those affected by Motor Neurone Disease (MND) within Scotland; those living with the disease, their families, carers and those health and social care professionals who contribute to the care of people with MND.

MND Scotland’s vision is ‘to make Scotland a place where people are aware of MND, where those living with MND can expect consistently high standards of care and where we can work towards finding a cure’.

The aim of the organisation is to ensure that the right help, care and support is available at the right time to everyone with MND and their families in Scotland.

For full details of the service please go to the website listed above.

Multiple Sclerosis Society Scotland
Ratho Park
88 Glasgow Road
Newbridge EH28 8PP

Tel: 0131 335 4050
Email: enquiries@mssocietyscotland.org.uk
Website: www.mssocietyscotland.org.uk/index.html

The Multiple Sclerosis (MS) Society Scotland is Scotland’s largest charity for people affected by multiple sclerosis. Around 10,500 people in Scotland have MS.

The society’s mission: ‘To enable everyone affected by MS to live life to their full potential and secure the care and support they need, until we ultimately find a cure.’

The society is a membership organisation with a network of local branches across Scotland. Members are mainly people affected by MS and social or health care professionals. It provides services to anyone affected by MS, not just members.

For full details of the service please go to the website listed above.
**Parkinson's Disease Society**

Forsythe House, Lomond Court  
Castle Business Park  
Stirling FK9 4TU

Tel: 0178 643 3811  
Email: pds.scotland@parkinsons.org.uk  
Website: [www.parkinsons.org.uk](http://www.parkinsons.org.uk)

The Society provides information and support through our UK-wide team of information and support workers, our free confidential helpline 0808 800 0303 and our publications.

For full details of the service please go to the website listed above.

---

**Scottish Huntington's Association.**

Suite 135, St James Business Centre  
Linwood Road  
Paisley PA3 3AT

Tel: 0141 848 0308  
Email:  
Website: [www.patient.co.uk/support/Scottish-Huntington's-Association.htm](http://www.patient.co.uk/support/Scottish-Huntington's-Association.htm)

The Scottish Huntington's Association (SHA) offers support and practical help to the person with Huntington's disease and their carers who are often families.

The Association offers the following:

- Disseminates specialist information to individuals, families and those at risk.
- Provides specialist advice and information to health and social service professionals.
- Offers emotional support to individuals and families.
- Assists in obtaining professional assessment, support services and respite care.
- Makes research findings and other information available.
- Has a range of publications dealing with Huntington's disease.
- Advisory services in various parts of Scotland and plans to extend this service as funding permits. The advisory service is operated on a strictly confidential basis - telephone the number above for more details.

For full details of the service please go to the website listed above.
**Single Gene Complex Needs Project**  
SGCN Project, Dept of Clinical Genetics  
Western General Hospital, Crewe Road South  
Edinburgh EH4 2XU  
Tel: 0131 537 1064  
Email: Jacqueline.ellis@nhs.net  
Website:  

The purpose of this service is to work with people in Scotland who have complex needs as a result of living with a genetic condition.

Our help includes, listening to you and finding out more about the challenges you face, giving you time to talk about your condition and how it affects your family, looking at ways of managing your care, supporting you to help us plan and co-ordinate care for you and your family, providing information about your genetic condition, suggesting other helpful organisations, providing training, education and information for people involved in your care and acting as a point of contact between the health service, social services, voluntary sector, education and employers.

Families living with genetic conditions who as a consequence have complex needs may self refer or through public and third sector services.

**Nine Lives Voluntary Project**  
Arkleston & Newmains Community Association  
The Club House, Broadloan  
Renfrew PA4 0SA  
Tel: 0798 199 5729  
Email: christinecrai50@hotmail.com  
Website:  

Nine Lives offers group programmes designed and dedicated to helping patients and their families cope with the physical and emotional effects of cancer and its treatment. A variety of programmes provide information/education and health promoting activities aimed at encouraging a positive approach and maximising recovery.

Programmes are held in Renfrew (as above) on Fridays from 1.00pm till 3.00pm. Please contact Christine Craig Tel: 07981995729 for details and dates.

The service is available to all those affected by cancer (all cancers at any stage, including post treatment). Programmes also invite an accompanying friend or family member, if required.

Referrals are accepted from NHS services, other agencies or self-referral by individuals who are affected by cancer.
Useful Website Links

Accord Hospice - www.accordhospice.org.uk
Advice Works - www.renfrewshire.gov.uk/ilwwcm/publishing.nsf/Content/sw-sq-benefitcheck
Alzheimer Scotland - www.alzscot.org
Care Commission - www.carecommission.com
Citizens Advice Bureau (Renfrewshire) - www.cas.org.uk/WebOfficeDetails.aspx?id=82
Crisis - www.crisiscounselling.co.uk
Cruse Bereavement Care Scotland - www.crucescotland.org.uk
Disability Resource Centre - www.renfrewshire.gov.uk
Macmillan Cancer Support - www.macmillan.org.uk/
Marie Curie Nursing Service - www.mariecurie.org.uk
Motor Neurone Care Centre - www.mndscotland.org.uk
Multiple Sclerosis Society Scotland - www.mssocietyscotland.org.uk/index.html
NHS 24 - www.nhs24.com/content
Palliative Care for People with Non-malignant Conditions Project - www.palliativecareglasgow.info
Parkinson’s disease Society - www.parkinsons.org.uk
Reaching Older Adults In Renfrewshire - www.renfrewshire.gov.uk/ilwwcm/publishing.nsf/Contents/sw-jm-ROAR
Renfrewshire Carers Centre - www.renfrewshirecarers.com
Renfrewshire Council – Social Work (Community Care) - www.renfrewshire.gov.uk
Scottish Huntington’s Association - www.patient.co.uk/support/Scottish-Huntington's-Association.htm
St. Vincent’s Hospice - www.stvincentshospice.co.uk
The Wynd Counselling Service - www.thewynd.org.uk