6 Step Hand Hygiene Technique

1. Palm to palm.

2. Right palm over left dorsum and left palm over right dorsum.

3. Palm to palm, fingers interlaced.

4. Backs of fingers to opposing palms with fingers interlocked.

5. Rotational rubbing of right thumb clasped in left palm, then vice versa.

6. Rotational rubbing, backwards and forwards with clasped fingers of hand in left palm then vice versa.