Youth Panel Minutes
Canada Meeting
15th July 2008
Pot said to go for a week, not 6 days - jet lag

Go in spring in Canada to avoid extreme weather - April, May or June
First choice is Easter to fit round exams.

People cannot just turn up for the trip
You need to come to some of the planning meetings

Try to get everyone a Blackberry for the Canada trip.

Trip to Canada

Does research at the SickKids and at Bloorview in Canada.

Speak to the Youth Councils at these hospitals to see what they like, don't like.

A day at each hospital,
A day off in between.

Morning looking at General Facilities
Afternoon looking at Adolescent Facilities
Evening Meeting to look at a particular area
We will set Groundrules...

- We meet for breakfast at 8am then leave for activities.
- You don't need to get up or come, but you must let us know.
- No Drinking!

Outline of Trip

<table>
<thead>
<tr>
<th>Fly</th>
<th>Day Off</th>
<th>Hospital Visit</th>
<th>Day Off</th>
<th>Hospital Visit</th>
<th>Day Off</th>
<th>Fly</th>
</tr>
</thead>
<tbody>
<tr>
<td>Social event with the Youth Council</td>
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We will work out the details over the next few meetings. Members of the Panel will research activities and things to do.

Leave some free time for unplanned activities - might find more things to do over there.

Things like Niagara Falls would need planned and organised in advance.
Chance to socialise with the Youth Council

Will help when it comes to talking with them about the hospital

Hotel

Ensuite

- Sitting area
- Double Beds
- Good Food
- Function Suite / Common Room
- Safe

$ = Money

Paid for:
- Flights
- Accommodation
- Transport
- Meals
- Group activities (planned in advance)

What you need money for:
- Shopping
- Unplanned trips
- Can take bank card - check you can use it.
- Don't carry too much money
- Let your bank know.

Research this later in the year.
Letter from Nicola Sturgeon for fundraising

Ground

Staff:
- Kate
- Dani

Pals / Bills
- Don't go off the rails
Groundrules

Staff:
Katie, Daniel, Sarah + Qualified Nurse
Interviewed by group

Pairs/Buddy system
Don't go off on own

Action Points

<table>
<thead>
<tr>
<th>What</th>
<th>Who</th>
<th>When</th>
</tr>
</thead>
<tbody>
<tr>
<td>Get email contact from Pat McKeevan</td>
<td>Alison</td>
<td></td>
</tr>
<tr>
<td>Find out when flights are Legroom etc., when 10pm begin or fly to...</td>
<td>Beo</td>
<td></td>
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<tr>
<td>Panel write to companies asking if they can make us more comfortable</td>
<td>NCH Youth Panel</td>
<td>Once B has information about flights, legs etc.</td>
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<tr>
<td>Find out what activities are available for our days off: research and ask the Youth Council</td>
<td>Jackie - sightseeing, Andre and Joeh - Sport</td>
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<tr>
<td>Research cost of Limousine and buses in Canada</td>
<td>Joeh</td>
<td></td>
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<tr>
<td>Fundraising ideas for spending money</td>
<td>NCH Youth Panel</td>
<td>Next Meeting</td>
</tr>
</tbody>
</table>
Next Meeting

September 2008

Saturday
13th September
1-3 pm