

**NHS Greater Glasgow & Clyde
Multilingual Health Information Directory
Drugs**

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Scope

The drugs health topic was broken down into a list of comprehensive sub-topics. The sub-topic list was compiled by the Public Education Resource Library, NHS Greater Glasgow & Clyde. The research for this topic was carried out in the week beginning 5th March 2007.

The sub-topics were

- Effects of drugs
- Drugs and the law
- Drug habit
- Heroin
- Cocaine or crack
- Amphetamine
- Amyl and butyl nitrites or poppers
- Ecstasy
- Methadone
- Solvents
- Hallucinogens – LSD
- Magic mushrooms
- Cannabis

Specialist Drug Sources

Addaction

<http://www.addaction.org.uk/index.html>

Adfam

<http://www.adfam.org.uk/index.php>

COCA

<http://www.coca.org.uk/>

Cocaine Anonymous

<http://www.cauk.org.uk/index.html>

Drugs and Alcohol info.

<http://www.drugsalcohol.info/Home.aspx>

Drug Concern

<http://drug-concern.co.uk/dconcern/index.php>

DrugScope

<http://www.drugscope.org.uk/home.asp>

Early Break

<http://www.earlybreak.co.uk/>

Families Anonymous

<http://www.famanon.org.uk/index.html>

Frank

http://www.talktofrank.com/home_html.aspx

HIT

<http://www.hit.org.uk/default.asp>

Hope UK

<http://www.hopeuk.org/>

Know the score

<http://www.knowthescore.info/kts/416.html>

Lifeline

<http://www.lifeline.org.uk/>

Mentor Foundation

<http://www.mentorfoundation.org/index.php>

Narcotics Anonymous

<http://www.ukna.org/>

Parents against drug abuse

<http://www.pada.org.uk/index.asp>

Release

<http://www.release.org.uk/>

Re-solv

<http://www.re-solv.org/default.asp>

The Blenheim Project

<http://www.theblenheimproject.org/index2.html>

SAMH

<http://www.samh.org.uk/frontend/index.cfm?page=1>

Scottish Drugs Forum

<http://www.sdf.org.uk/>

The Sainsbury Centre for Mental Health

<http://www.scmh.org.uk/>

Turning Point

<http://www.turning-point.co.uk/>

Wrecked

<http://www.wrecked.co.uk/>

Drugs Multilingual Health Resources Directory

<p>Alcohol and drugs</p> <p>Description Information about the effects of alcohol and drugs.</p> <p>Format Leaflet</p> <p>Language Chinese</p> <p>Cost Free</p> <p>Published 2005</p> <p>Contact Royal College of Psychiatrists http://www.rcpsych.ac.uk/</p>	<p>Amphetamines</p> <p>Description Drug information leaflets about amphetamines.</p> <p>Format Leaflet</p> <p>Languages Arabic, Chinese, Farsi, French, Kurdish, Punjabi, Somali, Turkish, Urdu</p> <p>Cost Free</p> <p>Published 2005</p> <p>Contact Drug Scope http://www.drugscope.org.uk</p>
<p>Cannabis</p> <p>Description Information leaflets about cannabis.</p> <p>Format Leaflet</p> <p>Languages Arabic, Chinese, Farsi, French, Kurdish, Punjabi, Somali, Turkish, Urdu</p> <p>Cost Free</p> <p>Published 2002</p> <p>Contact Drug Scope http://www.drugscope.org.uk</p>	<p>Cocaine and crack</p> <p>Description Drug information leaflets about cocaine and crack.</p> <p>Format Leaflet</p> <p>Languages Arabic, Chinese, Farsi, French, Kurdish, Punjabi, Somali, Turkish, Urdu</p> <p>Cost Free</p> <p>Published 2002</p> <p>Contact Drug Scope http://www.drugscope.org.uk</p>
<p>Don't be afraid to ask: commonly asked questions about injecting drug use and hepatitis C</p> <p>Description Information to help injecting drug users avoid infection with blood borne diseases including Hepatitis B & C and HIV.</p> <p>Format Leaflet</p> <p>Languages Arabic</p> <p>Cost Free</p> <p>Published 2004</p> <p>Contact NSW Multicultural Health Communication Service http://www.mhcs.health.nsw.gov.au/</p>	<p>Drugs and alcohol for young people</p> <p>Description Information about excessive drinking and depression.</p> <p>Format Leaflet</p> <p>Language Arabic and Chinese</p> <p>Cost Free</p> <p>Published Unknown</p> <p>Contact Royal College of Psychiatrists http://www.rcpsych.ac.uk/</p>

<p>Drugs and the law</p> <p>Description Specific information on taking drugs and the law.</p> <p>Format Audio</p> <p>Languages Arabic, Chinese, Farsi, French, Kurdish, Punjabi, Somali, Turkish, Urdu</p> <p>Cost Free</p> <p>Published 2002</p> <p>Contact Drug Scope http://www.drugscope.org.uk/</p>	<p>Drugs and young people</p> <p>Description Particular information relating to young people and drug use.</p> <p>Format Audio</p> <p>Languages Arabic, Chinese, Farsi, French, Kurdish, Punjabi, Somali, Turkish, Urdu</p> <p>Cost Free</p> <p>Published 2002</p> <p>Contact Drug Scope http://www.drugscope.org.uk</p>
<p>Drug Information for parents</p> <p>Description A parents guide to talking to children about drugs.</p> <p>Format Leaflet</p> <p>Languages Arabic, Chinese, English, Farsi, Kurdish, Somali, Turkish</p> <p>Cost Free</p> <p>Published 2004</p> <p>Contact NSW Multicultural Health Communication Service http://www.mhcs.health.nsw.gov.au/</p>	<p>Drugs What Every Parent Should Know</p> <p>Description A parents guide to talking to children about drugs.</p> <p>Format Leaflet</p> <p>Languages Mandarin, Punjabi, Turkish and Urdu</p> <p>Cost Free</p> <p>Published Unknown</p> <p>Contact NHS Greater Glasgow & Clyde http://www.nhsggc.org.uk/perl</p>
<p>Ecstasy</p> <p>Description Information about the effects of ecstasy.</p> <p>Format Leaflet</p> <p>Languages Arabic, Chinese, Farsi, French, Kurdish, Punjabi, Somali, Turkish, Urdu</p> <p>Cost Free</p> <p>Published 2002</p> <p>Contact Drug Scope http://www.drugscope.org.uk</p>	<p>Ecstasy – understanding the risks</p> <p>Description Information about ecstasy and its effects and ways to reduce the harm caused by its use.</p> <p>Format Leaflet</p> <p>Languages Arabic, Chinese, English, Russian, Turkish</p> <p>Cost Free</p> <p>Published 2004</p> <p>Contact NSW Multicultural Health Communication Service http://www.mhcs.health.nsw.gov.au/</p>
<p>Families and friends affected by the drug or alcohol use of someone close</p> <p>Description A resource for families and friends of drug users.</p> <p>Format Leaflet</p> <p>Languages Arabic, Chinese, English, Turkish</p> <p>Cost Free</p> <p>Published 2006</p> <p>Contact NSW Multicultural Health Communication Service http://www.mhcs.health.nsw.gov.au/</p>	<p>Getting help</p> <p>Description Tips on getting help to quit and stay off drugs.</p> <p>Format Leaflet</p> <p>Languages Arabic, Chinese, Farsi, French, Kurdish, Punjabi, Somali, Turkish, Urdu</p> <p>Cost Free</p> <p>Published 2002</p> <p>Contact Drug Scope http://www.drugscope.org.uk</p>

<p>Heroin</p> <p>Description Information about the effects of heroin.</p> <p>Format Leaflet</p> <p>Languages Arabic, Chinese, Farsi, French, Kurdish, Punjabi, Somali, Turkish, Urdu</p> <p>Cost Free</p> <p>Published 2002</p> <p>Contact Drug Scope http://www.drugscope.org.uk</p>	<p>How harmful is Cannabis?</p> <p>Description Information for parents about teenagers using cannabis.</p> <p>Format Leaflet</p> <p>Languages Arabic, Chinese, English, Russian, Turkish</p> <p>Cost free to download</p> <p>Published 2004</p> <p>Contact NSW Multicultural Health Communication Service http://www.mhcs.health.nsw.gov.au/</p>
<p>Khat</p> <p>Description This postcard presents information on khat.</p> <p>Format Postcard</p> <p>Languages Kurdish, Somali.</p> <p>Cost £0.30</p> <p>Published Unknown</p> <p>Contact HIT http://www.hit.org.uk/</p>	<p>Khat</p> <p>Description Postcard with information on Khat.</p> <p>Format Postcard</p> <p>Languages Arabic, English and Somali</p> <p>Cost Free</p> <p>Published Unknown</p> <p>Contact NHS Greater Glasgow & Clyde http://nhsggc.org.uk/perl</p>
<p>What's the best treatment for heroin addiction?</p> <p>Description A guide to the different approaches to treat heroin addiction.</p> <p>Format Leaflet</p> <p>Languages Arabic, Chinese, English, Russian, Turkish</p> <p>Cost free to download</p> <p>Published 2004</p> <p>Contact NSW Multicultural Health Communication Service http://www.mhcs.health.nsw.gov.au/</p>	<p>Solvents</p> <p>Description Explains the effects of solvent abuse.</p> <p>Format Leaflet</p> <p>Languages Arabic, Chinese, Farsi, French, Kurdish, Punjabi, Somali, Turkish, Urdu</p> <p>Cost free</p> <p>Published 2002</p> <p>Contact Drug Scope http://www.drugscope.org.uk</p>
<p>Tranquilisers</p> <p>Description Information about the excessive use of tranquilisers.</p> <p>Format Leaflet</p> <p>Languages Arabic, Chinese, Farsi, French, Kurdish, Punjabi, Somali, Turkish, Urdu</p> <p>Cost Free</p> <p>Published 2002</p> <p>Contact Drug Scope http://www.drugscope.org.uk</p>	<p>The South Asian Community and Drugs – A Guide for Parents</p> <p>Description Information on drugs for parents</p> <p>Format Leaflet</p> <p>Languages Urdu</p> <p>Cost Free</p> <p>Published Unknown</p> <p>Contact NHS Greater Glasgow & Clyde http://www.nhsggc.org.uk/perl</p>

<p>Young people</p> <p>Description Information regarding young people and drug use.</p> <p>Format Leaflet</p> <p>Languages Arabic, Chinese, Farsi, French, Kurdish, Punjabi, Somali, Turkish, Urdu</p> <p>Cost Free</p> <p>Published 2002</p> <p>Contact Drug Scope http://www.drugscope.org.uk</p>	<p>Young people and heroin</p> <p>Description Information for parents about heroin including how to talk to young people about drugs.</p> <p>Format Leaflet</p> <p>Languages Arabic, Chinese, English, Russian, Turkish</p> <p>Cost free to download</p> <p>Published 03/11/2004</p> <p>Contact NSW Multicultural Health Communication Service http://www.mhcs.health.nsw.gov.au/</p>
<p>Your body matters</p> <p>Description This audio tape presents information on drugs use and your body.</p> <p>Format Audio</p> <p>Language Chinese, Punjabi, Urdu</p> <p>Cost Free</p> <p>Published Unknown</p> <p>Contact NHS Greater Glasgow & Clyde http://www.nhsgg.org.uk/perl</p>	