

**NHS Greater Glasgow & Clyde  
Search for Multilingual Health Information Resources**

**Oral Health**

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## Scope

The oral health topic was broken down into a comprehensive list of sub-topics. The sub-topic list was compiled by the Public Education Resource Library, NHS Greater Glasgow & Clyde. The research was carried out the week beginning 12<sup>th</sup> March 2007.

The sub-topics searched were

- General oral health
- Healthy teeth
- Teething
- Tooth brushing
- Gum disease
- Periodontal disease
- Plaque
- Oral hygiene
- Tooth decay
- Mouth cancer
- Fluoride toothpaste
- Caries
- Fissure sealants
- Sugary food
- Sugary drinks
- Dental registration
- Dentist
- Sugar free medicines

## Specialist Oral Health Sources

### **British Dental Association**

<http://www.bda.org/>

### **British Dental Health Foundation**

<http://www.dentalhealth.org.uk/mouth/>

### **British Fluoridation Society**

<http://www.bfsweb.org/>

### **British Orthodontic Society**

<http://www.bos.org.uk/>

### **British Society for Disability and Oral Care**

<http://www.bsdh.org.uk/>

### **Mouth Cancer Foundation**

<http://www.rdoc.org.uk>

### **World Dental Federation**

<http://www.fdiworldental.org/home/home.html>

## Oral Health Multilingual Health Resources Directory

<p><b>4 Steps to good oral health</b></p> <p>Description   Presents information on keeping good oral health.</p> <p>Format           Leaflet</p> <p>Language       Chinese, English, Punjabi, Somali, Urdu</p> <p>Cost             Free to download</p> <p>Published       Unknown</p> <p>Contact         Health Information East London <a href="http://www.hiel.nhs.uk">http://www.hiel.nhs.uk</a></p>	<p><b>Brushing methods</b></p> <p>Description    Pictorial information on how to brush your teeth.</p> <p>Format          Webpage</p> <p>Language       Arabic, Chinese, English, French, Somali</p> <p>Cost            Free to view</p> <p>Published       Unknown</p> <p>Contact         City of Ottawa Residents Health <a href="http://ottawa.ca/residents/health/index_en.html">http://ottawa.ca/residents/health/index_en.html</a></p>
<p><b>Cancer of the mouth</b></p> <p>Description    A leaflet giving information about cancer of the mouth.</p> <p>Format          Leaflet</p> <p>Language       Turkish, Urdu</p> <p>Cost            Free to download</p> <p>Published       2005</p> <p>Contact         NHS Direct <a href="http://www.nhsdirect.nhs.uk">http://www.nhsdirect.nhs.uk</a></p>	<p><b>Caring for baby's teeth</b></p> <p>Description    Why a baby's first teeth are important and how parents can keep them healthy.</p> <p>Format          Leaflet</p> <p>Language       Arabic, Chinese, English, Farsi, Punjabi, Turkish.</p> <p>Cost            Free to download</p> <p>Published       2001</p> <p>Contact         City of Ottawa Residents Health <a href="http://ottawa.ca/residents/health/index_en.html">http://ottawa.ca/residents/health/index_en.html</a></p>
<p><b>Dental abscess</b></p> <p>Description    Information about dental abscesses.</p> <p>Format          Leaflet</p> <p>Language       Turkish, Urdu</p> <p>Cost            Free to download</p> <p>Published       2005</p> <p>Contact         NHS Direct <a href="http://www.nhsdirect.nhs.uk">http://www.nhsdirect.nhs.uk</a></p>	<p><b>Dental decay</b></p> <p>Description    Information about dental decay.</p> <p>Format          Leaflet</p> <p>Language       Turkish, Urdu</p> <p>Cost            Free to download</p> <p>Published       2005</p> <p>Contact         NHS Direct <a href="http://www.nhsdirect.nhs.uk">http://www.nhsdirect.nhs.uk</a></p>
<p><b>Drinks and dental health</b></p> <p>Description    Important oral health information about taking drinks.</p> <p>Format          Leaflet</p> <p>Language       Cantonese, Punjabi,</p> <p>Cost            Free</p> <p>Published       Unknown</p> <p>Contact         Public Education Resource Library Greater Glasgow NHS Board <a href="http://www.nhsggc.org.uk/perl">http://www.nhsggc.org.uk/perl</a></p>	<p><b>Flossing methods</b></p> <p>Description    Pictorial information on how to floss your teeth.</p> <p>Format          Webpage</p> <p>Language       Arabic, Chinese, English, French, Somali</p> <p>Cost            Free to view</p> <p>Published       Viewed 12/03/07</p> <p>Contact         City of Ottawa Residents Health <a href="http://ottawa.ca/residents/health/index_en.html">http://ottawa.ca/residents/health/index_en.html</a></p>

<p><b>Getting older? Why your teeth and gums are important for good health</b></p> <p>Description Information on how older people can maintain good dental care.</p> <p>Format Leaflet</p> <p>Language Arabic, Chinese, English, Farsi, Punjabi, Sorani, Turkish.</p> <p>Cost Free to download</p> <p>Published 2000</p> <p>Contact NSW Multicultural Health Communication Service <a href="http://www.mhcs.health.nsw.gov.au/">http://www.mhcs.health.nsw.gov.au/</a></p>	<p><b>Getting older? Why your teeth and gums are important for good health</b></p> <p>Description Presents information on the importance of looking after your teeth, as you get older.</p> <p>Format Fact sheet, Audio, Multimedia, and Web Video</p> <p>Language Arabic, English, Russian, Somali</p> <p>Cost Free to download</p> <p>Published 2005</p> <p>Contact Healthy Roads Media <a href="http://www.healthyroadsmedia.org/">http://www.healthyroadsmedia.org/</a></p>
<p><b>Gum disease</b></p> <p>Description Information about gum disease.</p> <p>Format Leaflet</p> <p>Language Turkish, Urdu</p> <p>Cost Free to download</p> <p>Published 2005</p> <p>Contact NHS Direct <a href="http://www.nhsdirect.nhs.uk">http://www.nhsdirect.nhs.uk</a></p>	<p><b>Healthy eating and teeth</b></p> <p>Description Important oral health information and healthy eating.</p> <p>Format Leaflet</p> <p>Language Cantonese, Punjabi,</p> <p>Cost Free</p> <p>Published Unknown</p> <p>Contact Public Education Resource Library Greater Glasgow NHS Board <a href="http://www.nhsqgc.org.uk/perl">http://www.nhsqgc.org.uk/perl</a></p>
<p><b>Keeping your teeth whatever your age</b></p> <p>Description Information on how maintaining good dental care.</p> <p>Format Leaflet</p> <p>Language Arabic, Chinese, English, Russian, Sorani, Turkish.</p> <p>Cost Free to download</p> <p>Published 2003</p> <p>Contact NSW Multicultural Communication Service <a href="http://www.mhcs.health.nsw.gov.au/">http://www.mhcs.health.nsw.gov.au/</a></p>	<p><b>Mouth ulcer</b></p> <p>Description Information about mouth ulcers.</p> <p>Format Leaflet</p> <p>Language Turkish, Urdu</p> <p>Cost Free to download</p> <p>Published 2005</p> <p>Contact NHS Direct <a href="http://www.nhsdirect.nhs.uk">http://www.nhsdirect.nhs.uk</a></p>
<p><b>Teething</b></p> <p>Description Information about teething.</p> <p>Format Leaflet</p> <p>Language Turkish, Urdu</p> <p>Cost Free to download</p> <p>Published 2005</p> <p>Contact NHS Direct <a href="http://www.nhsdirect.nhs.uk">http://www.nhsdirect.nhs.uk</a></p>	<p><b>The Mouth Cancer Foundation website</b></p> <p>Description This website is available to view in various languages and contains information regarding, mouth cancer prevention, mouth, throat, and salivary cancers. There is also information on the dangers of smoking and chewing tobacco, areca, betel nut and hookah.</p> <p>Format Webpage</p> <p>Language English, Chinese, French.</p> <p>Cost Free to view</p> <p>Published Viewed 12/03/07</p> <p>Contact Mouth Cancer Foundation <a href="http://www.rdoc.org.uk">http://www.rdoc.org.uk</a></p>

**Tips for toothbrushing**

Description	Important oral health information and toothbrushing.
Format	Leaflets
Language	Cantonese, Punjabi
Cost	Free
Published	Unknown
Contact	Public Education Resource Library NHS Greater Glasgow & Clyde <a href="http://www.nhs.gov.uk/per/">http://www.nhs.gov.uk/per/</a>