



Learning, evidence, resources and networking for the public health workforce

ebulletin - Thursday, 12 February 2009

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Dear Colleague

Welcome to the first newsletter of 2009. As well as highlighting new activities, we are using this edition to launch our new network [start up guide](#). This resource puts the development of NHSGGC public health networks into context and articulates the area-wide support provided by the PHRU to the devolved networks.

We are currently planning the programmes for the unit for the year ahead. The seminar programme is shaping up. We are kicking off with a profile of mental health improvement work. Based on the results of our recent user survey, we would encourage you to [let us know](#) if you have current health improvement work you would like profiled in the seminar programme.

We would like to support some Hot Spot events over lunchtimes to raise debate and discussion on HEAT targets and other key priority areas. If you have a burning issue to discuss this is your opportunity. Details of these networking events will be available on the PHRU Events and Seminars [calendar](#). In the meantime please [Email](#) us your suggestions.

The PHRU welcomes two new members of staff to the unit; [Karen Miller](#), Outreach Librarian at Dyekbar and [Lorna Braidwood](#) our Public Health Network Co-ordinator based with PHRU Learning and Development in Dalian House.

Norma Greenwood, Programmes Manager

Learning and workforce development

This is going to be the year of evidence. We will be:

- Supporting evidence-based practice with workshops on how to make sense of health information; what do those numbers from [ScotPho](#) mean?
- Providing portfolio-building sessions to collect and collate evidence for KSF reviews;
- Using the same approach for evidence for the [UK Public Health Register](#);
- Offering Professional Development Awards (a qualification based on evidence in a portfolio) for people providing training as part of their role.

...and of course our programme of courses and workshops in support of developing a competent and confident workforce. Where's the evidence for that? [Try here!](#)

Health and Wellbeing Survey



The fieldwork for the 2008 health and wellbeing survey is complete and we expect the first frequencies for the survey early this year. Over 7000 people participated in the survey. The main report should be available late Spring with the CH(C)P reports available from early summer. The 2008 survey had the benefit of each of the CH(C)Ps buying into the survey. The results will provide a unique and detailed picture of health and wellbeing across the area. In addition the results will be explored by CH(C)P; patterns in health and wellbeing will be explored by comparing the bottom 15% SIMD areas with other areas. Trends over time will be explored in the area administered by the former NHS Greater Glasgow.

See the [Health and Wellbeing survey site](#) for:

- Updates on the timetable for reports and published reports as they become available;
- Dissemination activities;
- Earlier findings from the 2005, 2002, and 1999 surveys;
- The findings from the black and minority ethnic health survey.

Mental Health Improvement Seminars

The Public Health Resource Unit, in conjunction with the Mental Health Improvement Network, is holding a series of free mental health improvement seminars throughout 2009 in a variety of venues across Greater Glasgow and Clyde. These will be of value to practitioners from health, public sector and voluntary practitioners, so to reserve a place book early with the PHRU, e-mail: phru@ggc.scot.nhs.uk

- ***Mental health awareness and eating disorder education in schools***

(Thursday 26th February, 3-4.30pm, Dalian House Board Room 2)

Ruth Donnelly (Positive Mental Attitudes) presents a paper evaluating the impact of a mental health curriculum in secondary schools. Julie Dowds (Create Consultancy) discusses the evidence base for school and college education programmes that address eating disorders

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The impact of the Scottish Mental Health Arts and Film Festival

(Thursday 26th March, time and venue TBC).

Neill Quinn (Positive Mental Attitudes) presents completed and on-going research papers which evaluate the impact of the Scottish Mental Health Arts and Film Festival. Changes to knowledge, attitudes, beliefs and behaviours will be explored with colleagues from the arts, health and voluntary sector.

For more information about forthcoming PHRU seminars and access to previous seminar presentations, see the [seminars site](#).

Health Information Resources

The PHRU [Public Education Resource Library](#) (PERL) is making access to its range of health improvement and public health resources easier than ever before. A new [online directory](#) of publications provides enhanced information about the full range of resources available across Greater Glasgow and Clyde. You can browse its contents by topic, resource type, target audience, and language.

The directory is also searchable by keyword. Many of the resources have links to freely available PDFs to preview or download.



You will also find details of our new streamlined process for ordering resources along with guidelines on maximum quantities available to order for each resources.

Contact: perl@ggc.scot.nhs.uk or see www.phru.net/perl

Literacies and Health

The literacies and health team will be providing training and development support both for staff interested in exploring how literacy and numeracy issues impact on their work with patients and for managers who would like to develop foundation level learning as a personal development option for staff. Contact the [literacies and health team](#) for more information on literacies work in the health sector including referral pathways.

See [Current Awareness Bulletins](#) for access to the latest public health and health improvement evidence.



email us at: phru@ggc.scot.nhs.uk

visit our website: www.nhsggc.org.uk/phru

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