In order to help staff keep up-to-date and informed about a specific public health topic the PHRU have produced this specialist bulletin. The PHRU have well-established current awareness bulletin and literature search services and this specialist bulletin is designed to complement these.

Specialist bulletins can be produced on different public health topics and are designed to provide an overview of the recent evidence available. Specialist bulletins contain a bibliographic reference list of relevant evidence with a brief description of each resource and contain a mixture of online and print resources.

Individuals source the full text of listed documents themselves. Links to online resources are included where available and many electronic journal articles will be available to NHS Scotland staff via the Knowledge Network.

If you experience any problems accessing content, or if you would like further information about our other alert services and our associated training please contact the PHRU Information Management team.

Contact details: PHRU Information Management, 0141 201 4915, perl@ggc.scot.nhs.uk.
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**About this bulletin:**

This bulletin provides an overview of the recent, published evidence around how a community assets approach can be used in health improvement. There is a Scottish and British emphasis to many of the publications included and the bulletin should, hopefully, be of interest to health and social care staff working to address health inequalities and improve the health of the Scottish population.

**Articles:**

Article Title: The contradictory effects of timelines on community participation in a health promotion programme.

Author(s): Batten, L. and Holdaway, M.

Journal: Health Promotion International 26 (3): 330-

Synopsis: This article uses an example of a specific health promotion programme to explore how timelines affect implementation and community participation.

Article Title: Community-based lifestyle interventions: changing behaviour and improving health.

Author(s): Blank, L. et al

Journal: Journal of Public Health 29 (3): 236-

Synopsis: This article investigates how a community development initiative designed to improve diet and lifestyle affects self-reported mental and physical health.

Article Title: Community interventions: a brief overview and their application to the obesity epidemic.

Author(s): Economos, C.D. and Irish-Hauser, S.

Journal: Journal of Law, Medicine & Ethics 35 (1): 131-

Synopsis: This article summarises how community-based health improvement interventions can be used to combat obesity.

Article Title: Student perceptions of a community engagement experience: exploration of reflections on social responsibility and professional formation.

Author(s): Furze, J. et al

Journal: Physiotherapy Theory & Practice 27 (6): 411-

Synopsis: This article examines student’s views about community engagement.

Article Title: Community development in primary care: opportunities and challenges.

Author(s): Hogg, R. and Hanley, J.

Journal: Community Practitioner 81 (1): 22-

Synopsis: This article discusses the views of primary health care professionals regarding a
community development approach.

Article Title: Community engagement: from a professional to a public perspective.
Author(s): Kenyon, L. and Gordon, F.
Journal: Community Practitioner 82 (2): 22-
Synopsis: This article discusses some of the obstacles that prevent community engagement moving forward and how these can be overcome.

Article Title: Community participation in health initiatives for marginalized populations.
Author(s): Larson, C. et al
Journal: Journal of Ambulatory Care Management 32 (4): 264-
Synopsis: This article discusses how involving communities in the planning, implementation and evaluation of health improvement initiatives can benefit the health of marginalized groups.

Article Title: Measuring capacity building in communities: a review of the literature.
Author(s): Liberato, S.C. et al
Journal: BMC Public Health 11: 850-
Synopsis: This article is a literature review about how to measure capacity building within communities.

Article Title: Aligning the goals of community-engaged research: why and how academic health centers can successfully engage with communities to improve health.
Author(s): Michener, L. et al
Journal: Academic Medicine 87 (3): 285-
Synopsis: This article discusses how academic health centres can improve the health of their population using a community engagement approach.

Article Title: Community empowerment for health visiting and other public health nursing.
Author(s): Piper, S.M.
Journal: Community Practitioner 84 (8): 28-
Synopsis: This article discusses community empowerment and health promotion from a health visiting perspective.

Article Title: Research note: social catalysts in health promotion implementation.
Author(s): Rütten, A. et al
Journal: Journal of Epidemiology & Community Health 62 (6): 560-
Synopsis: This article describes how an assets based approach was used in a physical activity health improvement initiative.
Article Title: Protecting and enhancing health: community engagement, collaborations, and incentives for prevention.
Author(s): Simoes, E.J. and Sumaya, C.V.
Journal: Journal of Primary Prevention 31 (1-2): 21-
Synopsis: This article discusses health care reform in the USA and describes how a community assets/engagement approach could be adopted.

Article Title: Costs and effects of a ‘healthy living’ approach to community development in two deprived communities: findings from a mixed methods study.
Author(s): Snooks, H.A. et al
Journal: BMC Public Health 11: 25-
Synopsis: This article describes a community level health improvement initiative and analyses its effectiveness.

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Online Resources:

Title: The challenge of co-production: how equal partnerships between professionals and the public are crucial to improving public services.
Author(s): Boyle, D. and Harris, M.
Publisher: Nesta
Date of publication: 2009
Date accessed: 19th July 2012
Synopsis/overview: This report is the first in a series about co-production and it explains what co-production is as well as why and how it could be used to provide more effective and efficient public services.

Title: Public services inside out: putting co-production into practice.
Author(s): Boyle, D; Slay, J. and Stephens, L.
Publisher: Nesta
Date of publication: 2010
Date accessed: 19th July 2012
Synopsis/overview: This report is the second in a series about co-production and describes how co-production can be used effectively in public services.

Title: Right here, right now: taking co-production into the mainstream.
Author(s): Boyle, D. et al
Publisher: Nesta
Date of publication: 2010
URL: http://www.nesta.org.uk/library/documents/coproduction_right_here_right_now.pdf
Date accessed: 19th July 2012
Synopsis/overview: This report is the third in a series about co-production and it discusses how co-production can be incorporated into mainstream working.

Title: Annual report of the Chief Medical Officer: health in Scotland 2009: time for change.
Author(s): Burns, H.
Publisher: Scottish Government
Date of publication: 2010
Date accessed: 19th July 2012
Synopsis/overview: Chapter 1 of the report discusses life expectancy and the widening of health inequalities in Scotland and describes what a salutogenic approach to health
improvement in Scotland might look like.

Title: Annual report of the Chief Medical Officer: health in Scotland 2010: assets for health.
Author(s): Burns, H.
Publisher: Scottish Government
Date of publication: 2011
Date accessed: 19th July 2012
Synopsis/overview: Chapter 5 of the report gives an overview of what an assets based approach to health improvement is, how it applies to Scotland and suggests ways in which it could be taken forward.

Title: Reaching out: community engagement and health.
Author(s): Campbell, F.
Publisher/website: Improvement and Development Agency
Date of publication: 2008
URL: http://www.idea.gov.uk/idk/aio/8681034
Date accessed: 19th July 2010
Synopsis/overview: This report discusses how community engagement in the planning and implementation of health improvement services can improve health and wellbeing.

Title: Doing it differently: an asset-based approach to well-being.
Author(s): Crawford, F.
Publisher: NHS Health Scotland
Date of publication: 2005
URL: www.gcph.co.uk/assets/0000/0866/Final_Doing_it_Differently.pdf
Date accessed: 19th July 2012
Synopsis/overview: This report is aimed at people who work in community settings and discusses different approaches to achieve better health improvement results in Scotland.

Title: A glass half-full: how an asset approach can improve community health and well-being.
Author(s): Foot, J. and Hopkins, T.
Publisher/website: Improvement and Development Agency
Date of publication: 2010
URL: http://www.local.gov.uk/c/document_library/get_file?uuid=fc927d14-e25d-4be7-920c-1add80bb1d4e&groupid=10171
Date accessed: 19th July 2012
Synopsis/overview: This report describes an assets-based approach to health improvement and
provides a set of techniques for practitioners to put an assets-based approach in to practice.

Title: Asset based approaches for health improvement: redressing the balance.
Author(s): Glasgow Centre for Population Health
Publisher: Glasgow Centre for Population Health
Date of publication: 2011
URL: http://www.gcph.co.uk/assets/0000/2627/GCPH_Briefing_Paper_CS9web.pdf
Date accessed: 19th July 2012
Synopsis/overview: This report discusses the current evidence around, the background to and the challenges facing, an assets based approach to health improvement in Scotland.

Title: Partnership approaches to address local health inequalities: final evaluation report from the Govanhill Equally Well test site.
Author(s): Harkins, C. and Egan, J.
Publisher: Glasgow Centre for Population Health
Date of publication: 2012
URL: http://www.gcph.co.uk/assets/0000/3322/Harkins_govanhill_test_site_final_report.pdf
Date accessed: 19th July 2012
Synopsis/overview: This report provides examples of a community assets approach to addressing health inequalities from the Govanhill Equally Well test site.

Title: The role of participatory budgeting in promoting localism and mobilising community assets: but where next for participatory budgeting in Scotland? Learning from the Govanhill Equally Well test site.
Author(s): Harkins, C. and Egan, J.
Publisher: Glasgow Centre for Population Health
Date of publication: 2012
URL: http://www.gcph.co.uk/assets/0000/3145/GCPH_Participatory_Budgeting_FINAL.pdf
Date accessed: 19th July 2012
Synopsis/overview: This report describes how a participatory budgeting approach was used to reduce health inequalities in the Govanhill area of Glasgow.

Title: People powered health co-production catalogue.
Author(s): Nesta
Publisher: Nesta
Date of publication: 2012
Synopsis/overview: This publication describes co-production and details a number of case studies to demonstrate how co-production can be used in health settings.

Title: Community engagement to improve health: NICE public health guidance 9.
Author(s): National Institute for Health and Clinical Excellence
Publisher: National Institute for Health and Clinical Excellence
Date of publication: 2008
Date accessed: 19th July 2012
Synopsis/overview: This report gives guidance to public health workers about how community engagement can be used to improve health.
Print Resources:

Title: Health promotion practice: building empowered communities
Author(s): Laverack, G.
Publisher: Open University Press
Place of publication: Maidenhead
Date of publication: 2007

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