The group was welcomed by Rose and Mark from Quarriers Person Centred Planning Service, who were facilitating the discussion.

The Dream

Some of the themes of the dream:

- Reduce Stigma
- Having choices
- Smaller bedded units
- More stimulation for people with Dementia
- Resource centres having more criteria

- Getting a cure
- Not enough staff
- Carers supports
- People I care homes getting respected and supported
Some of the themes from what’s working now:

- Having a key person to speak to from first diagnosis
- More social activities, support and flexibility
- More person centred
- More research
- Being listened to and valued
- All working in partnership
- Breaking barriers

- Alzheimer’s Scotland are very supportive
- Voluntary sector are helpful
- Not enough staff
- Very supportive G.P
- Been lucky with the G.P and worker I have
- Very good carers support groups
- More respite for carers to do hobbies etc

- Being able to talk
- Being listened to and made to feel heard
- Good training but, there should be more available
- A 24 hour helpline works
Some themes from what’s not working:

- Service is not flexible
- Day services not geared for peoples age
- Age discrimination for under 65’s
- Information being available and explained
- FEEL DUMPED
- No support
- People not being able to plan for there future

- Carers falls of the radar, no contact, lack of help
- Rotation of nursing staff not good enough
- Cost of replacing equipment
- G.P could be more involved
First Steps:

- Robert will type up the main themes from consultation
- Voluntary sector will be more confident when calling reviews
- Everyone will share their knowledge