

Changes to inpatient rehabilitation services in East Glasgow and the possible closure of the Lightburn Hospital site

Your chance to comment on the proposals

This summary leaflet provides information about the consultation on proposals to transfer rehabilitation beds from Lightburn Hospital to Stobhill Hospital and the possible closure of the Lightburn Hospital site. It also explains how you can feedback your comments on these proposals.



Introduction



Lightburn Hospital.

Introduction

NHS Greater Glasgow and Clyde's Department of Medicine for the Elderly provides a comprehensive assessment and rehabilitation service for older people over 65 years. In the north and east of Glasgow this service provides:

- Inpatient beds in three hospitals; Glasgow Royal Infirmary, Stobhill Hospital and Lightburn Hospital
- Outpatient clinics at all three hospitals;
- Day hospital at Stobhill Hospital and Lightburn Hospital providing half or full day assessment of older people living in the community

In 2002 the strategy for the future of acute hospitals in Glasgow was approved. This set out the modernisation of Glasgow hospitals including the transfer of acute inpatient services at Stobhill Hospital to Glasgow Royal Infirmary. This transfer will be completed in early 2011 and has prompted NHS Greater Glasgow and Clyde to carry out a review of longer term rehabilitation services, currently based at Stobhill and Lightburn Hospitals.

What is inpatient assessment and rehabilitation?

Assessment and rehabilitation caters for the needs of older people recovering from an illness or coping with a disability. Typically older people are not admitted directly from home, but are transferred from other ward areas (e.g. general medicine, orthopaedics) when their needs are felt to indicate that a period of assessment and rehabilitation would be beneficial.

Assessment

Within the Department of Medicine for the Elderly, older people will receive assessment in hospital from a multi-professional team including doctors, nurses and allied health professionals (e.g. physiotherapists, occupational therapists). This assessment involves a range of investigations, nursing care and rehabilitation approaches.

At the moment around 3000 people in north and east Glasgow are each year admitted to a Department of Medicine for the Elderly assessment ward.



An artist's impression of the view from the south east of the rehabilitation unit at New Stobhill Hospital.

Rehabilitation

A number of people are not ready to be discharged from hospital after the assessment phase and are transferred to a rehabilitation ward for a longer period of rehabilitation in hospital. At this stage of their illness patients will mainly need nursing and allied health professional care although they will still be seen by medical staff each day.

In the last year approximately 650 people were discharged from Stobhill Hospital rehabilitation wards and 520 people from Lightburn Hospital rehabilitation wards.

Why does the way we deliver services have to change?

- Changes to the way junior doctors are trained and work means that in the future there will be less junior doctors available to work across all our hospital sites
- Patients in rehabilitation wards need good access to diagnostic investigations. The New Stobhill Hospital has brand-new diagnostic facilities including MRI scanner, CT scanner and ultrasound. Lightburn Hospital has limited (part-

time) X-ray facilities which require significant investment to bring up to current standards. At Lightburn Hospital this means patients are taken away from the ward for a number of hours to travel to Glasgow Royal Infirmary for most diagnostic tests not available at Lightburn Hospital

- Ageing hospital ward accommodation – all rehabilitation wards at Lightburn Hospital require refurbishment to bring them up to modern healthcare standards. By contrast, in early 2011, 48 brand new rehabilitation beds will become available in purpose-built accommodation at New Stobhill Hospital
 - In early 2011 all assessment beds will transfer from Stobhill to Glasgow Royal Infirmary. This will allow a stronger focus on early rehabilitation and result in fewer patients requiring transfer to a rehabilitation ward
 - It would not be practical or cost-effective to leave the newly-built beds at Stobhill Hospital vacant
- There is a potential cost saving to the Board if all services can be relocated away from Lightburn Hospital.

Options and proposals



Options for the location of rehabilitation beds in North and East Glasgow

With the imminent transfer of all assessment beds to Glasgow Royal Infirmary, we have worked with a sample of carers and representatives from the local community to review our longer term rehabilitation services and develop possible options for the future location of inpatient rehabilitation beds.

Three options were developed:

Option 1: Service provision over three sites – Glasgow Royal Infirmary, Stobhill Hospital and Lightburn Hospital

Under this option all assessment beds are at Glasgow Royal Infirmary. Longer term rehabilitation beds would be split between Stobhill Hospital and Lightburn Hospital.

Option 2: Service provision over two sites – Glasgow Royal Infirmary and Stobhill Hospital

Under this option all assessment

beds are at Glasgow Royal Infirmary. Longer term rehabilitation beds would be provided in a mix of brand-new purpose-built and refurbished accommodation on one site at Stobhill Hospital.

Option 3: Service provision over two sites – Glasgow Royal Infirmary and Lightburn Hospital

Under this option all assessment beds are at Glasgow Royal Infirmary. Longer term rehabilitation beds would be provided in refurbished accommodation on one site at Lightburn Hospital.

Discussions with patients, carers and representatives from the local community highlighted a number of important issues:

- **Quality of patient accommodation** – ward accommodation should be clean, provide appropriate space and

toilet facilities, and have access to natural light

- **Transport for visitors** – public transport within the East End is currently poor and access to hospitals can take up to two bus trips. (There is an Evening Visitor Transport Service available which we will ensure is well publicised in the event of any changes of our services.)

- **Discharge planning** – hospitals need to make sure discharge from hospital is planned at an early stage and involves community services and family and carers

- **Quality of care** – all services should be friendly, respectful and involve people in all aspects of their care

- **Maintaining nurse staffing levels** – it was confirmed that nurse and other staffing levels would be similar under each of the options

Our Proposals

An assessment of the three options has now been made, based on a combination of the issues identified by carers and local representatives, the potential clinical benefits and financial impact.

Whilst this process did not identify a preferred option, the Board's preferred option is option 2 – service provision over two sites, Glasgow Royal Infirmary and Stobhill Hospital. We are therefore asking your opinion on the following proposals:

- All longer term rehabilitation beds should be located on one hospital site at Stobhill Hospital and the 75 beds at Lightburn Hospital should be closed
- Inpatient assessment and rehabilitation services to be provided over two sites: Glasgow Royal Infirmary and Stobhill Hospital
- Alternative locations for outpatient clinics and day hospital activity at Lightburn Hospital to be explored
- Relocation of outpatient and day hospital activity would enable the closure of the Lightburn Hospital site generating cost savings for NHS Greater Glasgow and Clyde



What will the proposals mean?



What will these proposals mean for patients?

- Most patients will continue to use only Glasgow Royal Infirmary whilst in hospital, however, for around 450 patients per year who require longer term rehabilitation, this would be within Stobhill Hospital rather than Lightburn Hospital.
- The accommodation for people in rehabilitation wards will be improved and will bring all patients nearer to diagnostic facilities such as MRI scanner, CT scanner and ultrasound
- It is likely that most of the outpatient and day hospital services at Lightburn Hospital can be accommodated within the local community

What will these proposals mean for staff?

- There are currently 118 staff working within the wards at Lightburn Hospital and 40 domestic, portering and catering staff on site. There are 11 staff employed within the day hospital and 37 other staff located in offices on the site
- There will be NO compulsory redundancies for staff and we expect to place all staff in new posts
- Staff organisations have been involved in the development of this work to date and will continue to be involved as this work progresses

The consultation

What happens next?

The proposals – and they are still only proposals at this stage - must now be consulted upon. This is your opportunity to tell us what you think.

NHS Greater Glasgow and Clyde will assess the comments it receives on its preferred option, the other two identified options, or any alternative options. These will influence the NHS Board's decision on where these services should be located.

During the consultation period we will also carry out a transport needs assessment to help inform our decisions.

Our recommendation will then be forwarded to the Cabinet Secretary for Health and Wellbeing. The Cabinet Secretary will make the final decision as to whether the proposals go ahead or not.

This outcome will then be communicated by mail and email to all people and organisations taking part in the consultation.

Tell us what you think

This consultation was launched on 30th August 2010 and will continue until 30th November 2010.

A copy of the full consultation paper can be obtained from our website: www.nhsggc.org.uk/elderlyrehab or by calling **0800 027 7246**.

NHS Greater Glasgow and Clyde will host a number of public events during the consultation period.

Public meetings will be allocated on a first come, first served basis. If you wish to attend one of the public meetings please register on **0800 027 7246**.

Public meetings

Monday 18th October 2010

2.00pm - 4.00pm

Eastbank Health Promotion Centre
22 Academy Street
Glasgow G32 9AA

Thursday 21st October 2010

6.30pm – 8.30pm

John Wheatley College
East End Campus
2 Haghill Road
Glasgow G31 3SR

We will also host a number of drop-in sessions to enable service users and the public to obtain more information or submit points of view. If you wish to find out more about the drop-in sessions,



please contact **0141 201 5598** or email community.engagement@ggc.scot.nhs.uk

Comments on all aspects of our proposal are welcome before 30th November 2010.

You can write to us at:

Rehabilitation Services in East Glasgow
c/o Shirley Gordon, Secretariat Manager
NHS Greater Glasgow and Clyde Corporate
Headquarters

JB Russell House, Gartnavel Royal Hospital
1055 Great Western Road
Glasgow G12 0XH

Or visit our website at: www.nhsggc.org.uk/elderlyrehab where you will be able to make an email submission.

**THE CONSULTATION WILL END ON TUESDAY
30TH NOVEMBER 2010.**

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Ma tha sibh ag iarraidh an fhiosrachaidh seo ann an cànan eile, cuiribh fios gu:

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إذا رغبت في الحصول على هذه المعلومات بلغة أخرى، الرجاء الاتصال بـ:

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0800 027 7246



**Greater Glasgow
and Clyde**